

QUANTITATIVE CHARACTERIZATION OF *Clostridioides difficile* POPULATION IN THE GUT MICROBIOME OF PATIENTS WITH *C. difficile* INFECTION AND THEIR ASSOCIATION WITH CLINICAL FACTORS

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Abstract

Background: Objective was to analyze bacterial composition and abundance of *C. difficile* in gut microbiome of patients with *C. difficile* infection (CDI) in association with clinical characteristics.

Methods: Whole metagenome sequencing of gut microbiome of 26 CDI patients was performed, and the relative abundance of *C. difficile* and its toxin genes was measured. Clinical characteristics of the patients were obtained through medical records.

Results: A strong correlation between the abundance of *C. difficile* and *tedB* genes in CDI patients was found. The relative abundance of *C. difficile* in the gut microbiome ranged from undetectable to 2.8% (median 0.089). Patients with fever exhibited low abundance of *C. difficile* in their gut, and patients with fewer *C. difficile* organisms required long-term anti-CDI treatment. Abundance of *Bifidobacterium* and *Bacteroides* negatively correlated with that of *C. difficile* at the genus level. CDI patients were clustered using the bacterial composition of the gut: one with high population of *Enterococcus* (cluster 1, n=12) and another of *Bacteroides* or *Lactobacillus* (cluster 2, n=14). Cluster 1 showed significantly lower bacterial diversity and clinical cure at the end of treatment. Additionally, patients with CDI exhibited increased ARGs notably, *bla_{TEM}*, *bla_{SHV}* and *bla_{CTX-M}* were enriched.

Conclusion: *C. difficile* existed in variable proportion of the gut microbiome in CDI patients. CDI patients with *Enterococcus*-rich microbiome in the gut had lower bacterial diversity and poorer clinical cure.

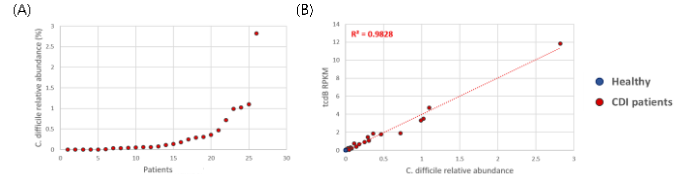


Figure 2. Relative abundance of *Clostridioides difficile* in the gut microbiome of 26 patients with CDI. (A) Distribution of *tedB* abundance in the gut microbiota of 26 CDI patients; it ranges from 0% to 2.82%. (B) Correlation between *tedB* abundance and abundance of *C. difficile* based on clade-specific marker genes.

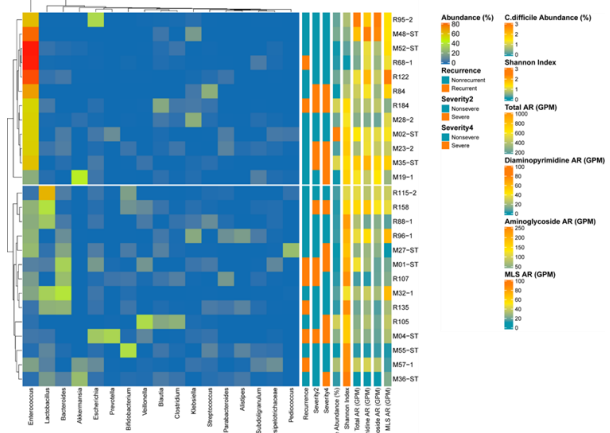


Figure 4. Clusters of patients with *Clostridioides difficile* infection with respect to the bacterial composition.

Table 1. Demographic data and clinical characteristics of patients of *Clostridioides difficile* infection

Demographics & underlying diseases		
Age	median (I.Q, 3Q)	66.5 (59.8, 76.3)
Gender	female - N (%)	13 (50)
Hospital day	median (I.Q, 3Q)	18.5 (7.8, 33.5)
Charlson comorbidity index	median (I.Q, 3Q)	3 (1, 5)
Chronic obstructive pulmonary diseases		
Asthma	N (%)	4 (15.4)
Malignancy	N (%)	1 (3.8)
Diabetes mellitus	N (%)	7 (26.9)
Chronic kidney disease	N (%)	6 (23.1)
Haemodialysis	N (%)	4 (15.4)
History within 2 months - Yes		
Admission	N (%)	16 (61.5)
Use of antibiotics	N (%)	24 (92.3)
Use of proton pump inhibitor	N (%)	13 (50)
Use of probiotic	N (%)	5 (19.2)
Clinical findings		
WBC	median (I.Q, 3Q)	11000 (7600, 16350)
Albumin	median (I.Q, 3Q)	2.7 (2.3, 3.1)
Body temperature	median (I.Q, 3Q)	37.2 (37, 38)
Leukocytosis ¹	N (%)	7 (26.9)
Hypoalbuminemia ²	N (%)	10 (38.5)
Fever ³	N (%)	3 (11.5)
Acute kidney injury ⁴	N (%)	2 (7.7)
Severity score		
2 factors ⁵	median (I.Q, 3Q)	0 (0, 1)
Severe CDI by 2 factors	N (%)	8 (30.8)
4 factors ⁶	median (I.Q, 3Q)	1 (1, 2)
Severe CDI by 4	N (%)	12 (46.2)
Toxin assay A&B		
positive	N (%)	22 (84.6)
equivocal	N (%)	3 (11.5)
negative	N (%)	1 (3.8)
Medication - initial		
Metronidazole	N (%)	20 (76.9)

Table 2. Clinical findings associated with relative abundance of *C. difficile* in gut microbiome

	rho	p-value
Demographics & underlying diseases		
Age	0.11	0.592
Charlson comorbidity index	0.155	0.45
Chronic obstructive pulmonary diseases	-0.078	0.704
Malignancy	0.318	0.113
Diabetes mellitus	-0.023	0.911
Chronic kidney disease	-0.104	0.615
History within 2 months - Yes		
Admission	-0.026	0.898
Use of antibiotics	0	1
Use of proton pump inhibitor	-0.144	0.484
Use of probiotics	0.137	0.505
Clinical findings		
Leukocytosis ¹	0.012	0.955
Hypoalbuminemia ²	0.084	0.682
Fever ³	-0.41	0.038
Acute kidney injury ⁴	-0.173	0.397
Severity score		
Severe CDI by 2 factors ⁵	-0.006	0.978
Severe CDI by 4 factors ⁶	-0.031	0.881
Toxin test		
Ct value of real time PCR for <i>tedB</i>	-0.605	0.002
Toxin assay A&B	0.18	0.379
Treatment duration for CDI		
Clinical response	-0.405	0.05
Mortality	0.246	0.247
Recurrence	-0.093	0.666
Global cure	0.073	0.76

Table 3. Comparison of clinical characteristics between the cluster with high abundance of *Enterococcus* (cluster 1, n=12) and the cluster with high abundance of *Bacteroides* or *Lactobacillus* (cluster 2, n=14) among *C. difficile* infections

Clinical characteristics	Enterococcus		Bacteroides		p value
	N=12	N=14	N=14	N=14	
Age	Median (I.Q, 3Q)	67 (59.3, 76.8)	66.5 (60.5, 76.8)	1*	
Female	N (%)	4 (33.3)	9 (64.3)	0.116	
Charlson comorbidity index	Median (I.Q, 3Q)	1.5 (1, 4.5)	3 (2, 5.3)	0.13*	
Malignancy	N (%)	1 (8.3)	6 (42.9)	0.081	
Diabetes mellitus	N (%)	3 (25)	4 (28.6)	1	
Chronic kidney disease	N (%)	2 (16.7)	4 (28.6)	0.652	
Leukocytosis ¹	N (%)	4 (33.3)	3 (21.4)	0.665	
Hypoaalbuminemia ²	N (%)	6 (50)	4 (28.6)	0.422	
Fever ³	N (%)	0	3 (21.4)	0.225	
Acute kidney injury ⁴	N (%)	1 (8.3)	1 (7.1)	1	
Hemodialysis	N (%)	0	4 (28.6)	0.1	
Severe CDI	N (%)				
by 2 factors ⁵	N (%)	4 (33.3)	4 (28.6)	1	
by 4 factors ⁶	N (%)	5 (41.7)	7 (50)	0.713	
Treatment duration	Median (I.Q, 3Q)	10 (7, 15)	14 (10, 16.5)	0.268*	
Toxin assay A&B-positive	N (%)	10 (83.3)	12 (85.7)	0.579*	
Relative abundance of <i>C. difficile</i> (RPKM)	Median (I.Q, 3Q)	0.25549 (0.025646, 0.79769)	0.05952 (0.00629, 0.26057)	0.129*	
Medical history					
Admission history within 2 months	N (%)	7 (58.3)	9 (64.3)	1	
Proton pump inhibitor intake	N (%)	3 (25)	10 (71.4)	0.018	
Probiotics intake	N (%)	3 (25)	2 (14.3)	0.635	
History of antibiotics usage within 2 months	N (%)	12 (100)	12 (85.7)	0.483	
Exposed days of antibiotics	Median (I.Q, 3Q)	18 (8.5, 41.3)	8.5 (3.8, 23)	0.143*	
Total days of antibiotics (sum of days for each antibiotics)	Median (I.Q, 3Q)	22.5 (10.5, 66.3)	11 (3.8, 30.8)	0.089*	
Class of antibiotics					
Broad spectrum cephalosporin	N (%)	6 (50)	9 (64.3)	0.462	
Fluoroquinolones	N (%)	5 (41.7)	1 (7.1)	0.065	
Carbapenem	N (%)	5 (41.7)	4 (28.6)	0.683	
β-lactam/β-lactamase inhibitor	N (%)	5 (41.7)	6 (42.9)	0.951	
Glycopeptides	N (%)	2 (16.7)	3 (21.4)	1	
Clinical response					
Cure at the end of treatment	N (%)	N=11	N=13		
Failure	N (%)	7 (63.6)	13 (100)	0.031	
	N (%)	1 (9.1)	0		