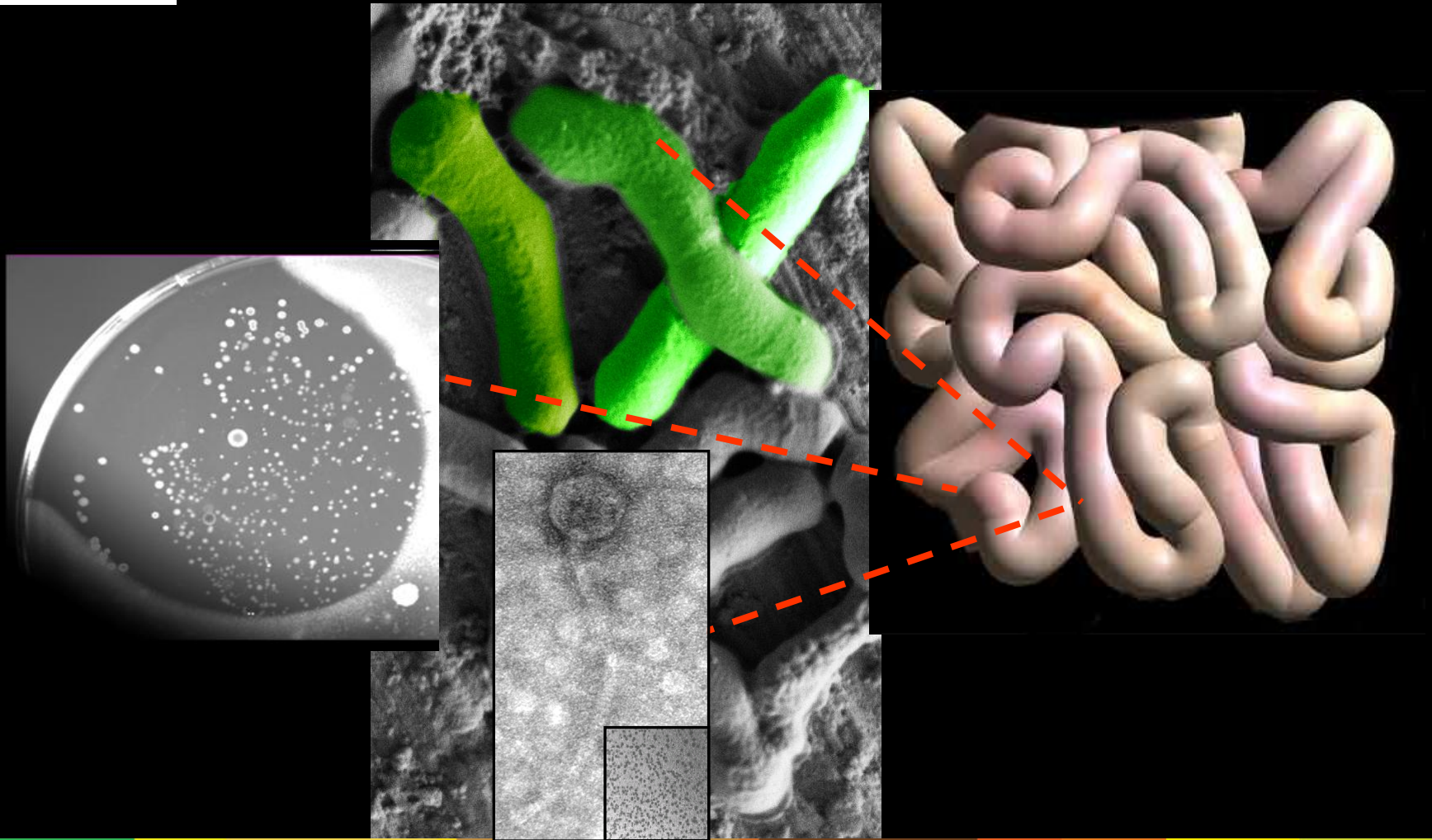


Probiotics, Bacteriocins and Bacteriophage for limiting *C. difficile* infection



Gut Solutions to a Gut Problem

Gut Problem: *C. difficile* carriage increases with gut inflammation, aging and antibiotic usage

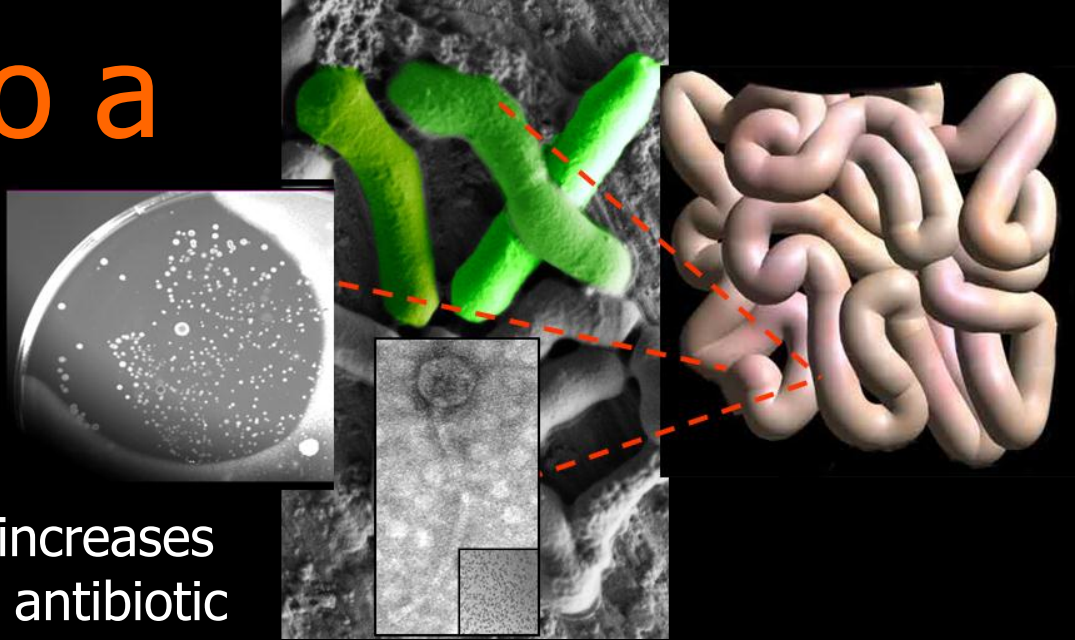
Gut Solution: Pharmabiotics

Pagebiotics:

Probiotics:

Bacteriocins:

Prospects for managing infection using pharmabiotic solutions

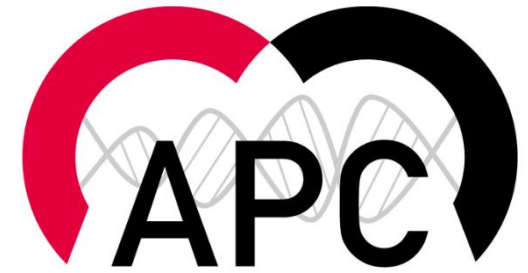




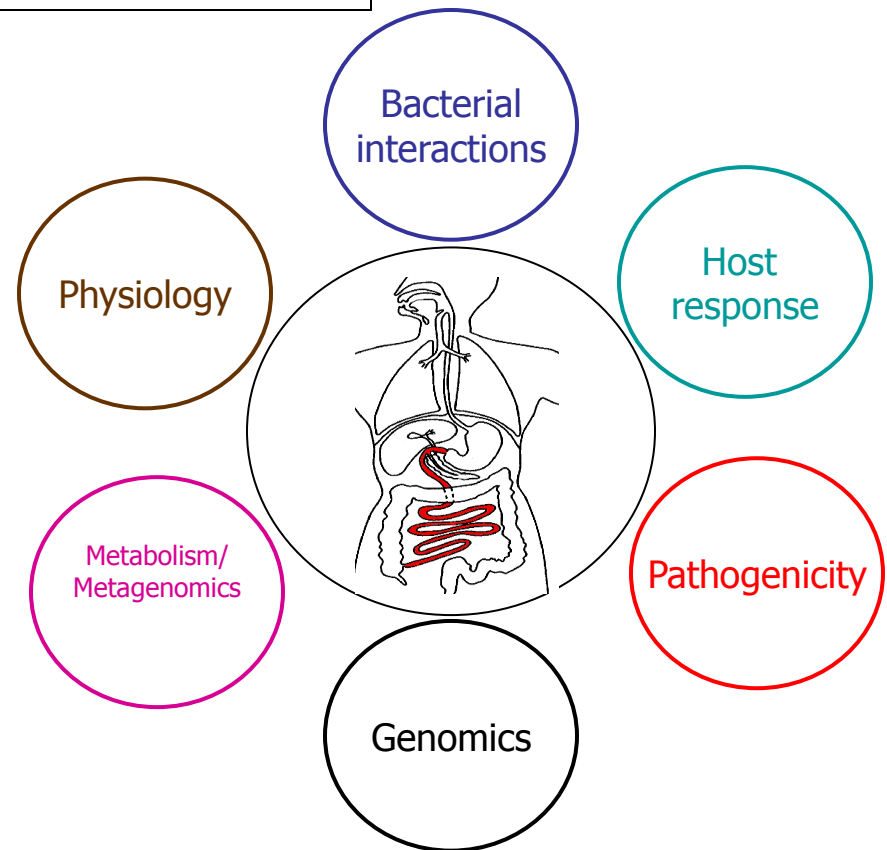
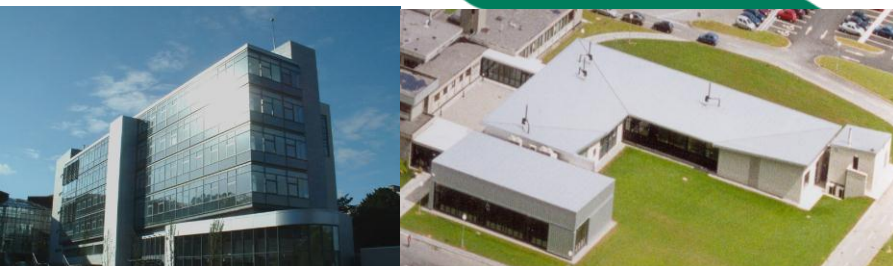
Fergus Shanahan



From bugs to drugs



Alimentary Pharmabiotic Centre
Interfacing Food and Medicine

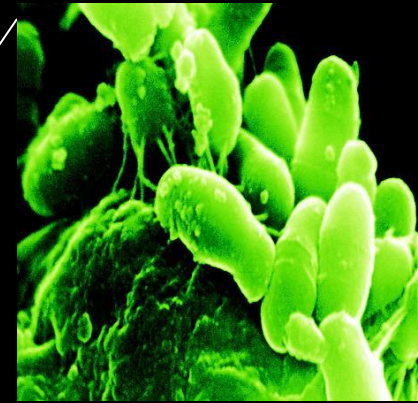
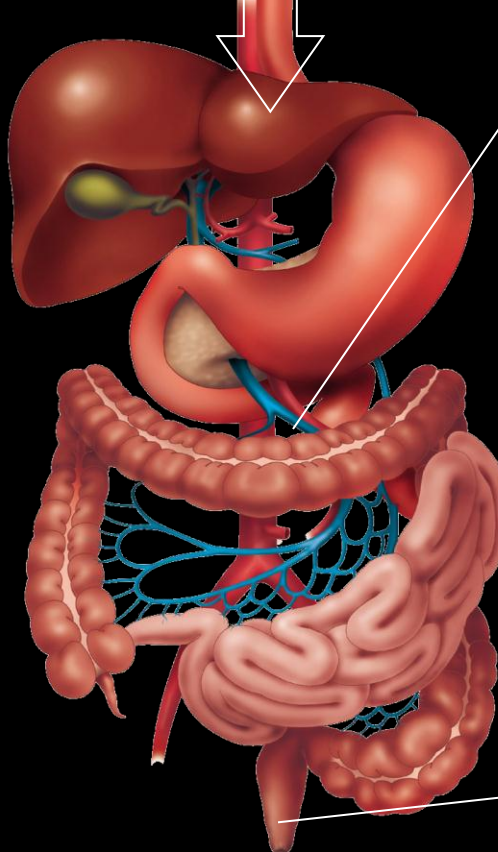
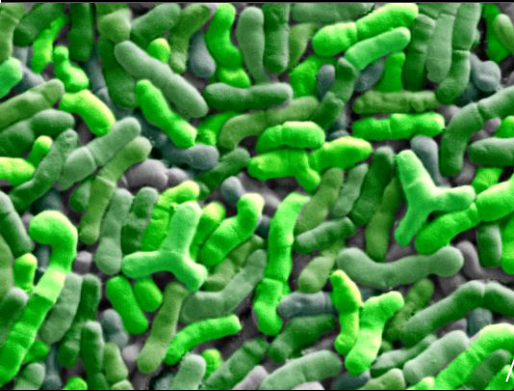


Probiotics

- Probiotics have mainly transient effects – “tourists”
- Anti-infective Immuno-modulatory effects
- Out-compete pathogens



Probiotics V Resident Microbiota



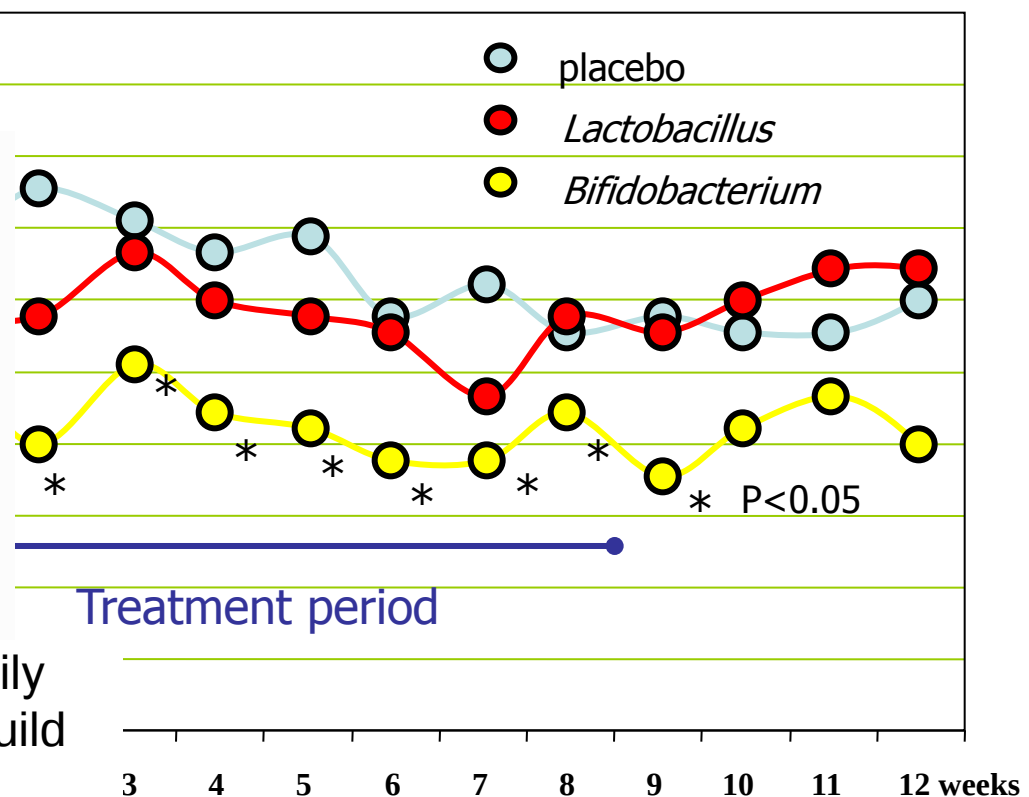
Resident microbiota

- Anti-infective/Immuno-modulatory effects
- Key long term role in digestion
- Production of essential nutrients
- Production of bioactive substances

Probiotic IBS Treatment Study



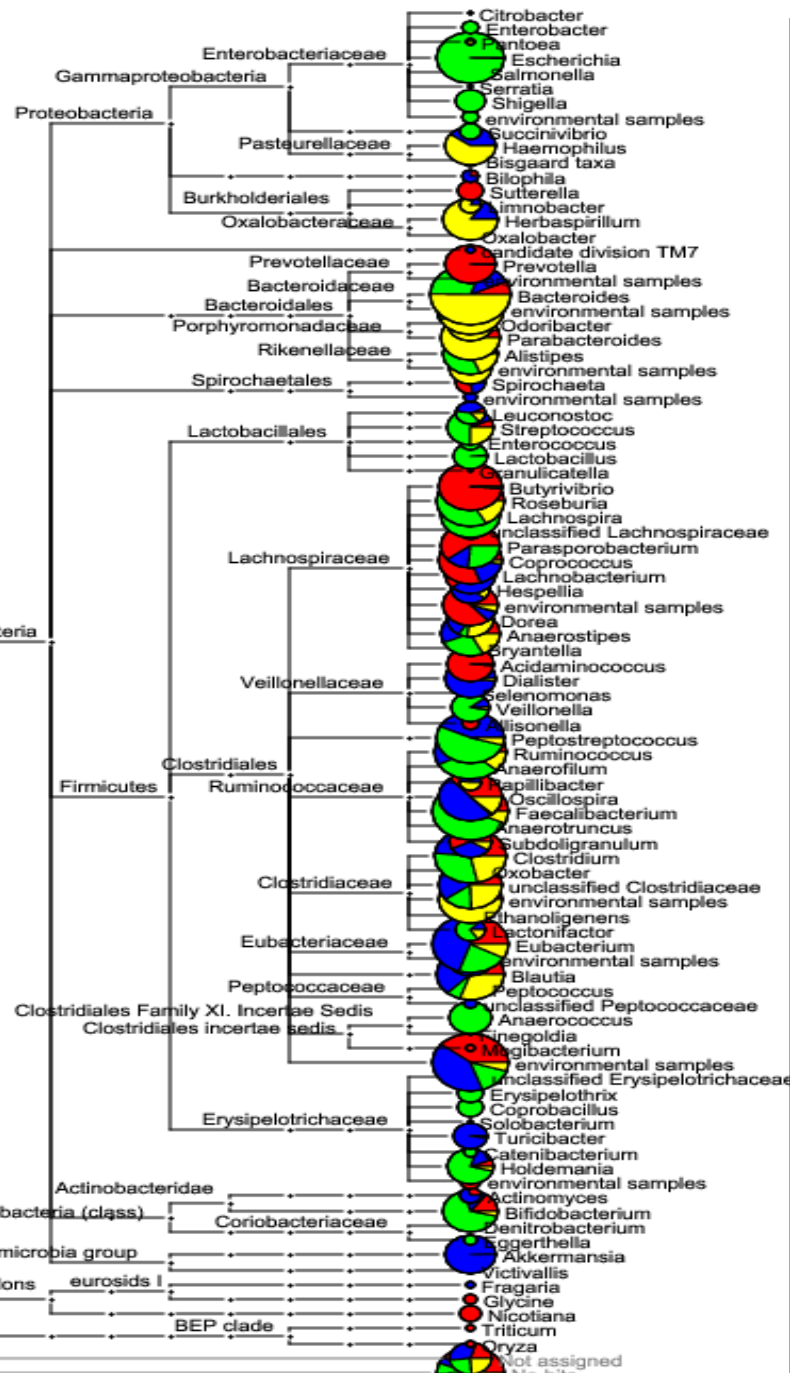
easy-to-swallow capsule that you take just once a day, every day to help even out the ups and downs of common digestive upsets such as constipation, diarrhea, abdominal discomfort, urgency, gas, and bloating. syndrome



Align containing Bifantis™ is a daily probiotic supplement that helps build and maintain a healthy, balanced digestive system when taken daily. T

Mahoney et al, Gastro 2006

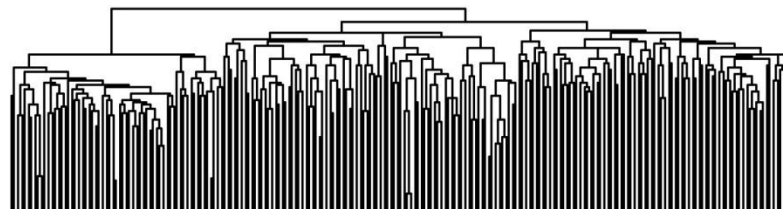
A-V4
 B-V4
 C-V4
 D-V4



>1,000 species



Community strata are separated by microbiota

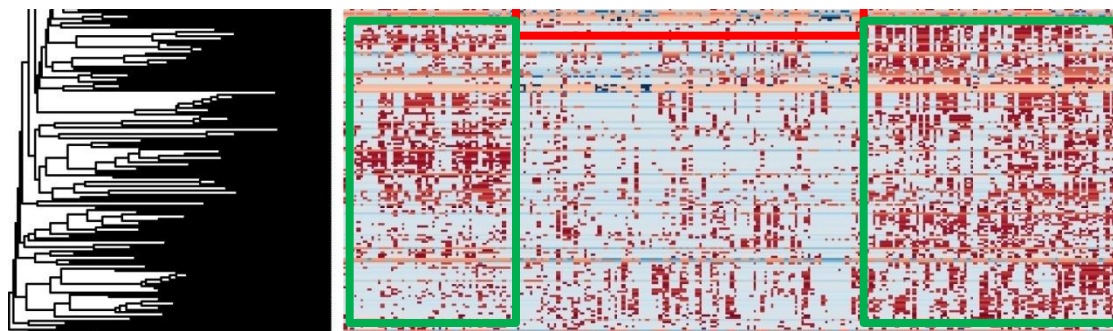


ARTICLE

doi:10.1038/nature11319

Gut microbiota composition correlates with diet and health in the elderly

Marcus J. Claesson^{1,2*}, Ian B. Jeffery^{1,2*}, Susana Conde³, Susan E. Power¹, Eibhlís M. O'Connor^{1,2}, Siobhán Cusack¹, Hugh M. B. Harris¹, Mairead Coakley⁴, Bhuvaneswari Lakshminarayanan⁴, Orla O'Sullivan⁴, Gerald F. Fitzgerald^{1,2}, Jennifer Deane¹, Michael O'Connor^{5,6}, Norma Harnedy^{5,6}, Kieran O'Connor^{6,7,8}, Denis O'Mahony^{5,6,8}, Douwe van Sinderen^{1,2}, Martina Wallace⁹, Lorraine Brennan⁹, Catherine Stanton^{2,4}, Julian R. Marchesi¹⁰, Anthony P. Fitzgerald^{3,11}, Fergus Shanahan^{2,12}, Colin Hill^{1,2}, R. Paul Ross^{2,4} & Paul W. O'Toole^{1,2}



232 subjects

Sample Index

Cummunity

Longstay



Paul O'Toole

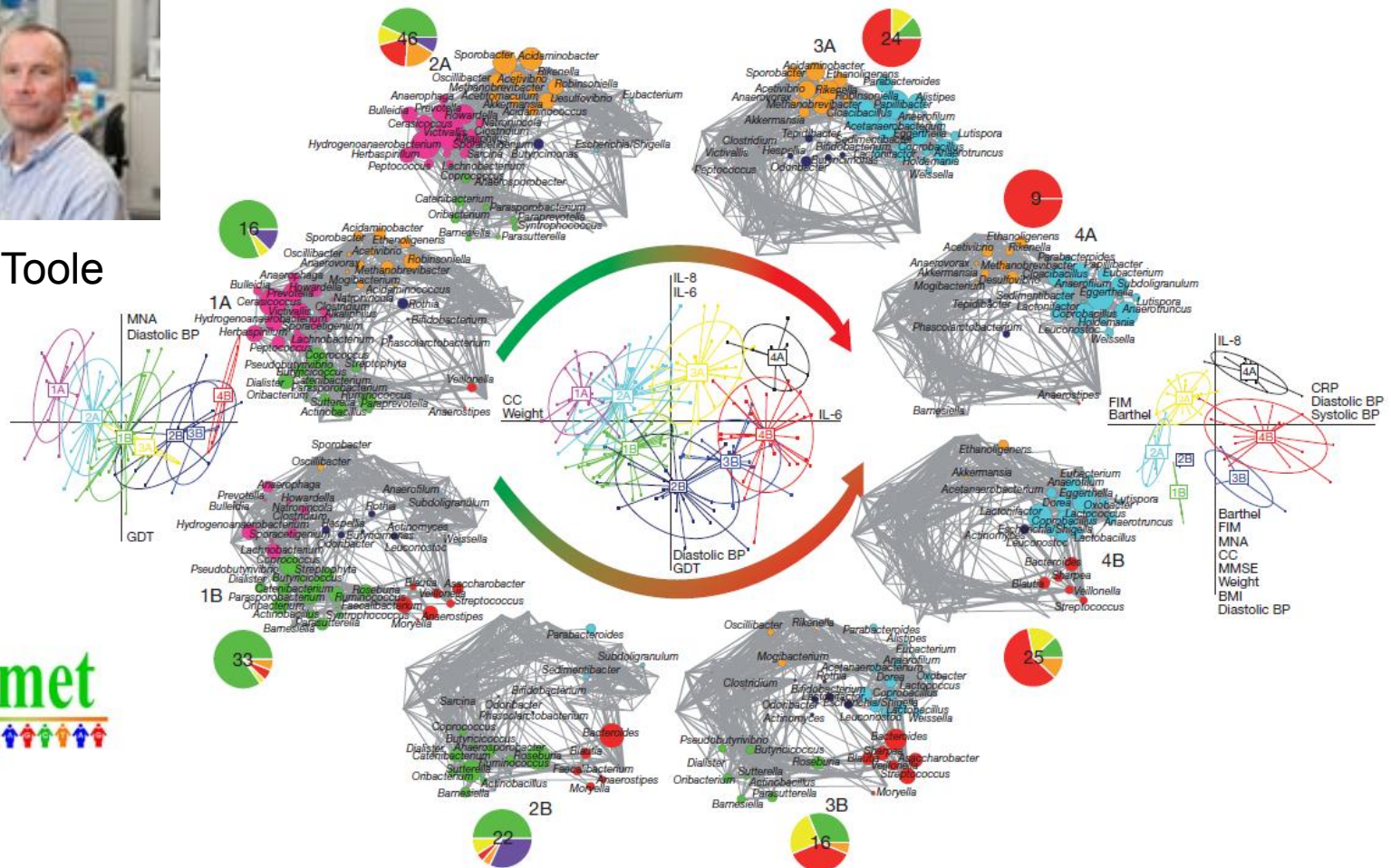


Figure 4 | Transition in microbiota composition across residence location is mirrored by changes in health indices. The PCoA plots show 8 groups of subjects defined by unweighted UniFrac microbiota analysis of community subjects (left), the whole cohort (centre), and long-stay subjects (right). The main circle shows the Wiggum plots corresponding to the 8 groups from whole-cohort analysis, in which disc sizes indicate genus over-abundance

relative to background. The pie charts show residence location proportions (colour coded as in Fig. 1c) and number of subjects per subject group. Curved arrows indicate transition from health (green) to frailty (red). FIM, functional independence measure; MNA, mini nutritional assessment; GDT, geriatric depression test; CC, calf circumference; CRP, C-reactive protein; IL, interleukin; BP, blood pressure; MMSE, mini-mental state examination.

Clostridium difficile Carriage in Elderly Subjects and Associated Changes in the Intestinal Microbiota

Mary C. Rea,^{a,b} Orla O'Sullivan,^{a,b} Fergus Shanahan,^{b,c} Paul W. O'Toole,^{b,d} Catherine Stanton,^{a,b} R. Paul Ross,^{a,b} and Colin Hill^{b,d}

Teagasc Food Research Centre, Moorepark, Fermoy, County Cork, Ireland^a; Alimentary Pharmabiotic Centre, University College, Cork, Ireland^b; Department of Medicine, University College, Cork, Ireland^c; and Department of Microbiology, University College, Cork, Ireland^d

Ir J Med Sci
DOI 10.1007/s11845-009-0361-1

ORIGINAL ARTICLE

Asymptomatic carriage of *Clostridium difficile* in an Irish continuing care institution for the elderly: prevalence and characteristics
J. Ryan, C. Murphy , C. Twomey, RP Ross,
MC Rea, J MacSharry B. Sheil, F. Shanahan

The American Journal of GASTROENTEROLOGY

VOLUME 104 | MAY 2009 www.amjgastro.com

The Vexed Relationship Between *Clostridium Difficile* and Inflammatory Bowel Disease: An Assessment of Carriage in an Outpatient Setting Among Patients in Remission

Evelyn M. Clayton, BSc^{1,2}, Mary C. Rea, BSc, MSc^{1,2}, Fergus Shanahan, MD, BSc, FRCP (UK), FRCPI, FACP, FRCP(C)², Eamonn M.M. Quigley, MD, FRCP, FACP, FACP, Barry Kiely, BSc, PhD³, Colin Hill, BSc, PhD² and R. Paul Ross, BSc, PhD^{1,2}

Journal of Medical Microbiology (2012), 61, 1290–1294 DOI 10.1099/jmm.0.040568-0

Carriage of *Clostridium difficile* in outpatients with irritable bowel syndrome

Evelyn M. Clayton,^{1,2} Mary C. Rea,^{1,2} Fergus Shanahan,^{2,3} Eamonn M. M. Quigley,^{2,3} Barry Kiely,⁴ R. Paul Ross^{1,2} and Colin Hill^{2,5}

Eldermet study (65years +)

Healthy in community
n = 123 1.6%
Out-patients
n = 43 9.5%
Short or long stay hospital
n = 151 21%

Ribotypes isolated:

027, 078, 014, 018, 072, 220, 026, 216, 010 308, 050, 002

IBD Study

Ulcerative colitis/Crohns
n = 122 8.2%
Controls
n = 99 1.0%

Ribotypes isolated

015, 005, 020, 062, 050, 003

IBS Study

IBS outpatients
n = 87 5.7%
Controls
n = 88 1.1%

Ribotypes isolated

050, 005, 060, 062

Cystic Fibrosis

CF patients
n = 27 55%

Ribotypes isolated

001, 014, 002, 039,126,140,078, 010, 046



C. difficile strains from the elderly

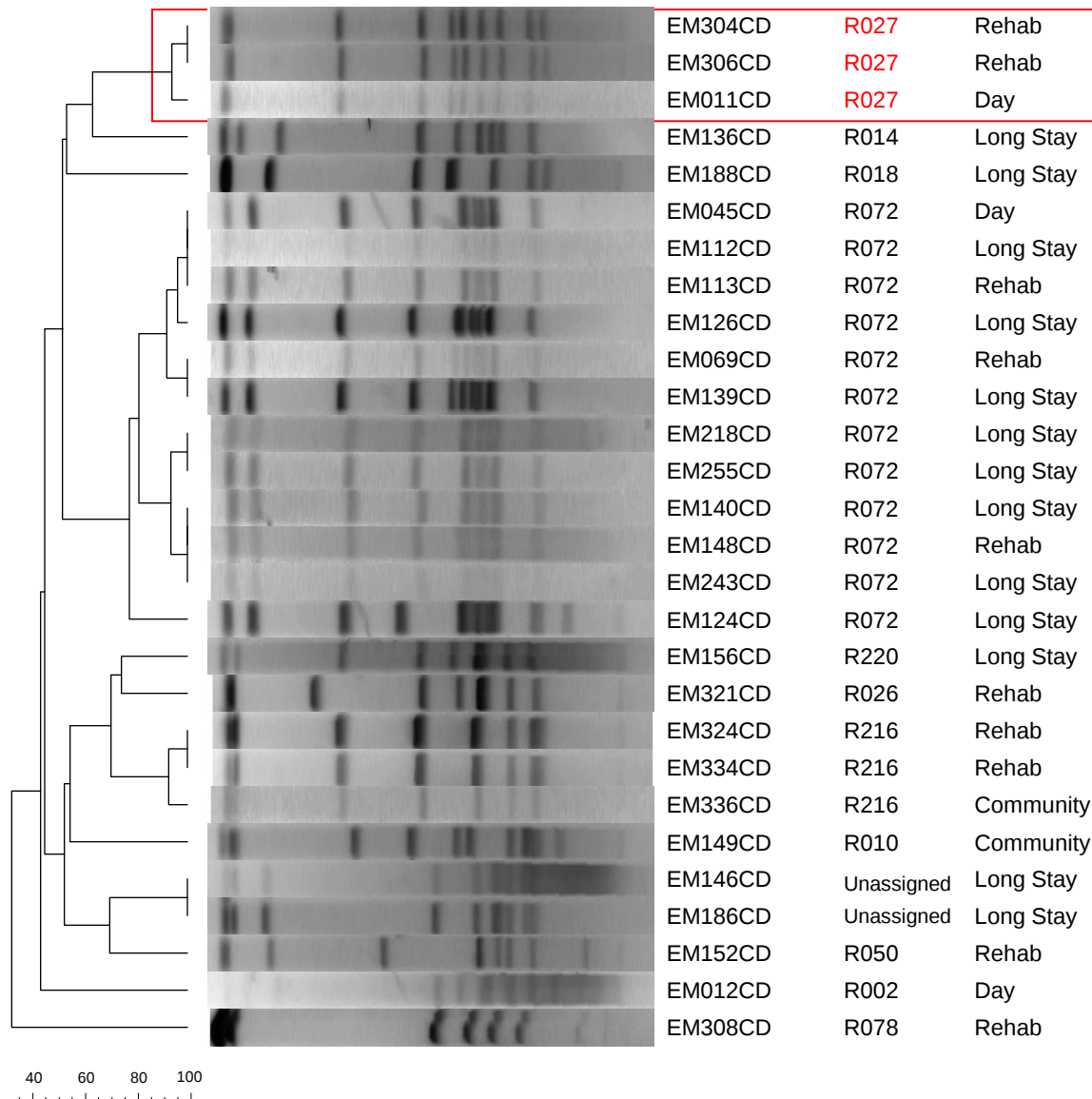
grow old in Ireland than the
and Age Action Ireland
of the elderly. Indeed, with
place in September, what
quality of life of our elderly

apidly thanks to advances in
atic increases in life
early one-third of the
phenomenon that can also be
d, it is predicted that the 20-
34% (Table 1). Such a pattern
althcare resources and create
therefore vital that efforts are
such as osteoporosis,
and cancer, to ensure that
and, thus, healthy living.

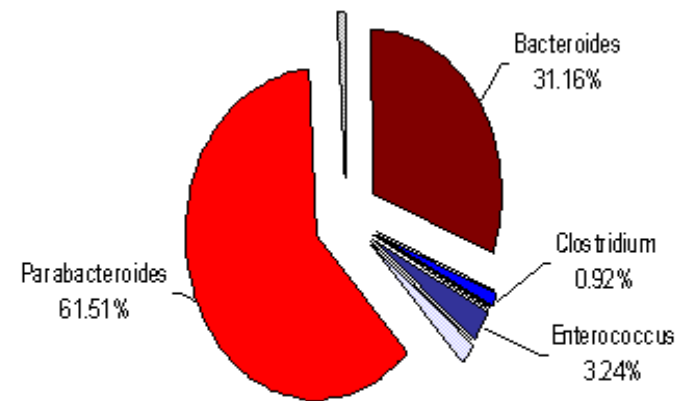
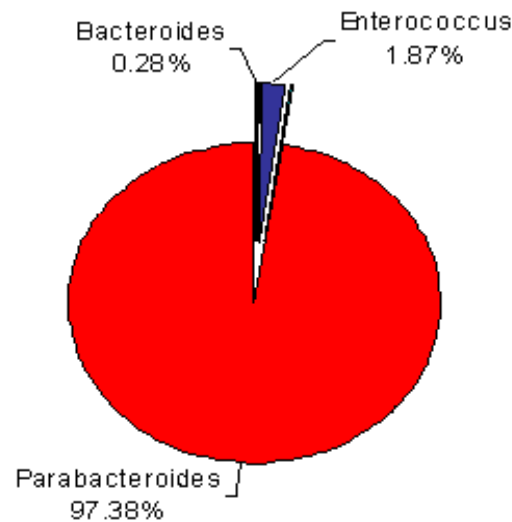
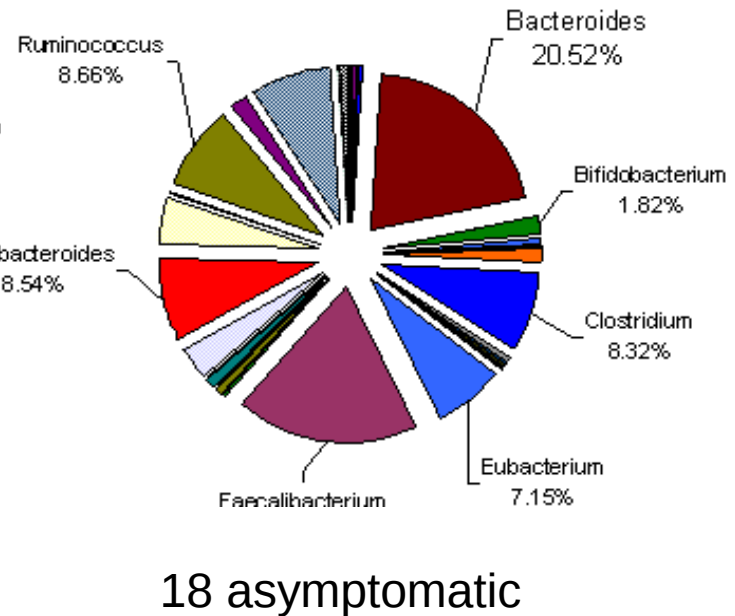
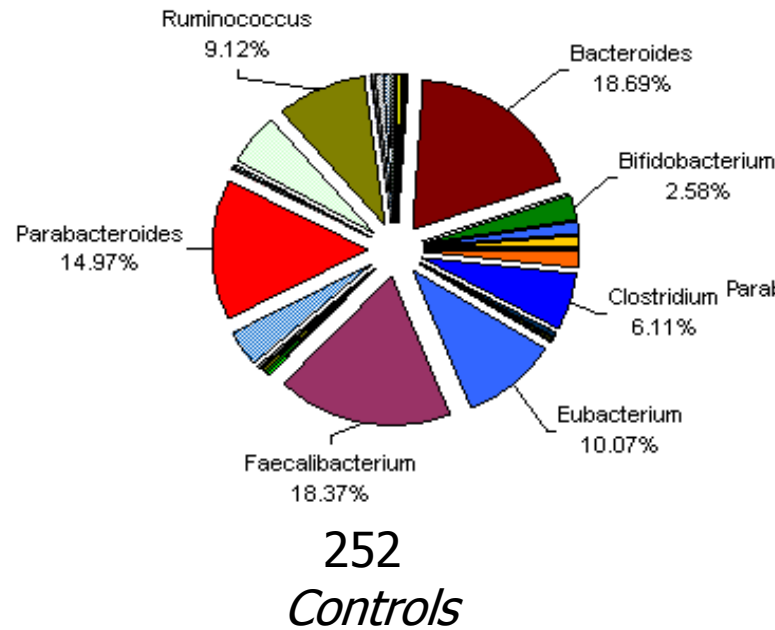
experience the benefits of a
ensuring a healthy ageing
Intestinal microbiota is
relationship between gut
Science
g and
tic
Cork



Mark Wilcox



Gut microbiota different with active *C. difficile* infection



individual subjects with active *C. difficile* infection at the time of sampling

Gut Solutions to a Gut Problem

Gut Problem: *C. difficile* carriage increases with gut inflammation, aging and antibiotic usage

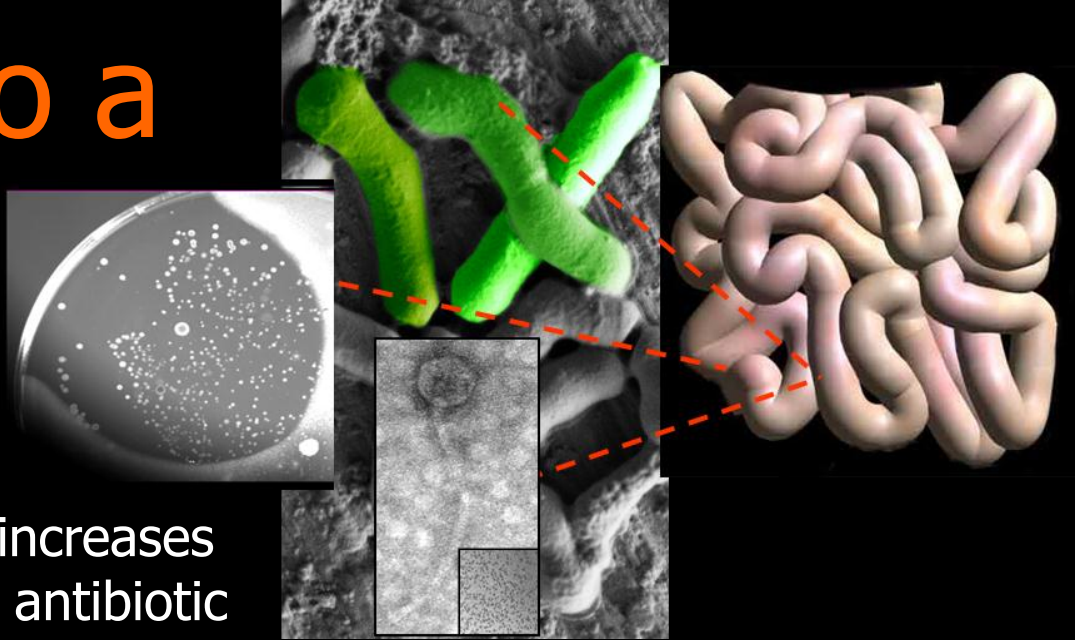
Gut Solution: Pharmabiotics

Pagebiotics:

Probiotics:

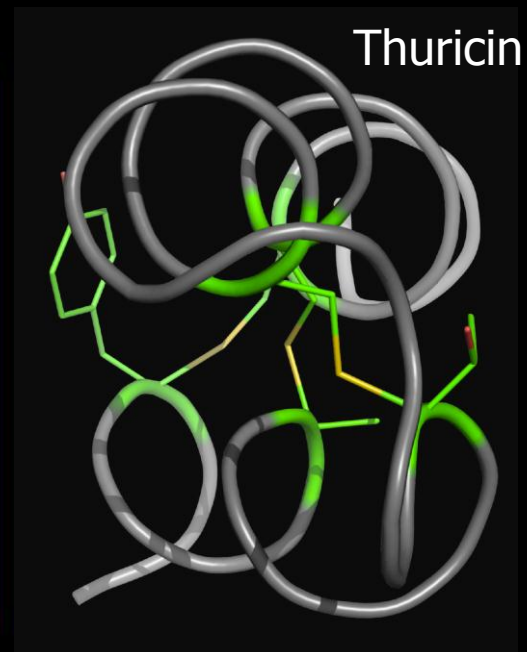
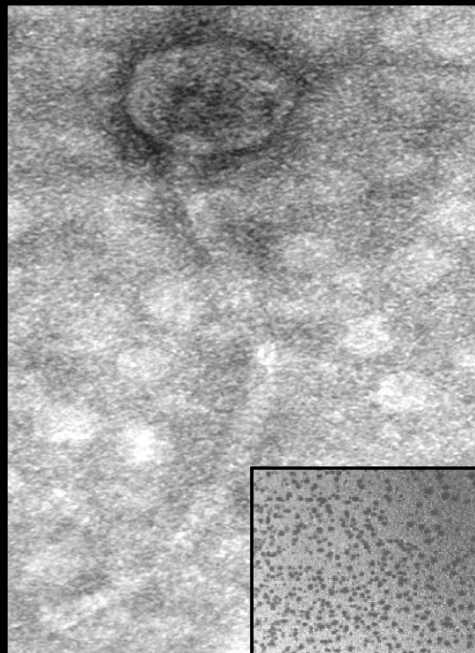
Bacteriocins:

Prospects for managing infection using pharmabiotic solutions



Gut bacteria produce an almost limitless set of biopactives

Understanding these and the bacteria which produce them is key to understanding probiotic effects



Pharmabiotics: Bioactives from Mining Host–Microbe–Dietary Interactions

Fergus Shanahan, MD, Catherine Stanton, PhD, Paul Ross, PhD, Colin Hill, PhD

Bacteriophages (bacterial viruses)

- Obligate intracellular parasites
- Minute particles ($0.05 \times 0.15\mu\text{m}$)
- Protein and DNA

ADVANTAGES

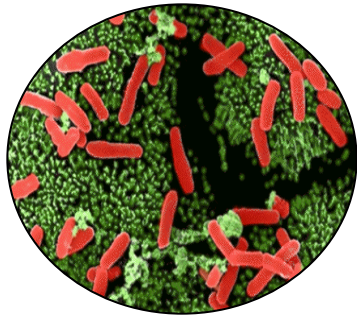
Activity against drug-resistant microorganisms.

high specificity.

self-replicating and self-limiting

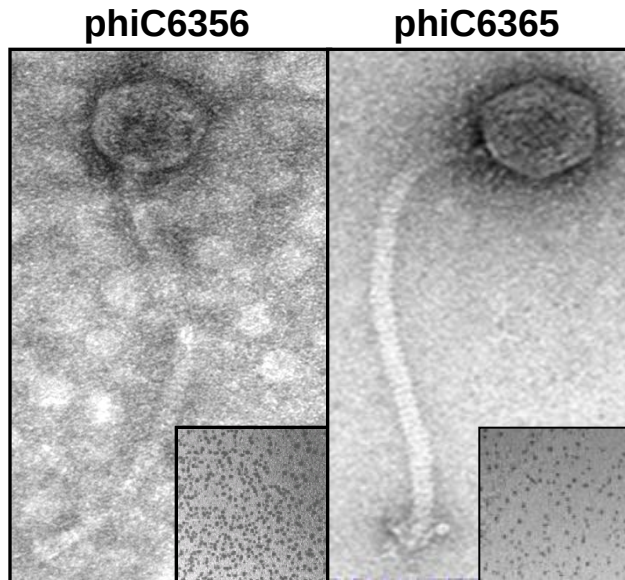
low cost





C. difficile phages induced.....

Siphoviridae family



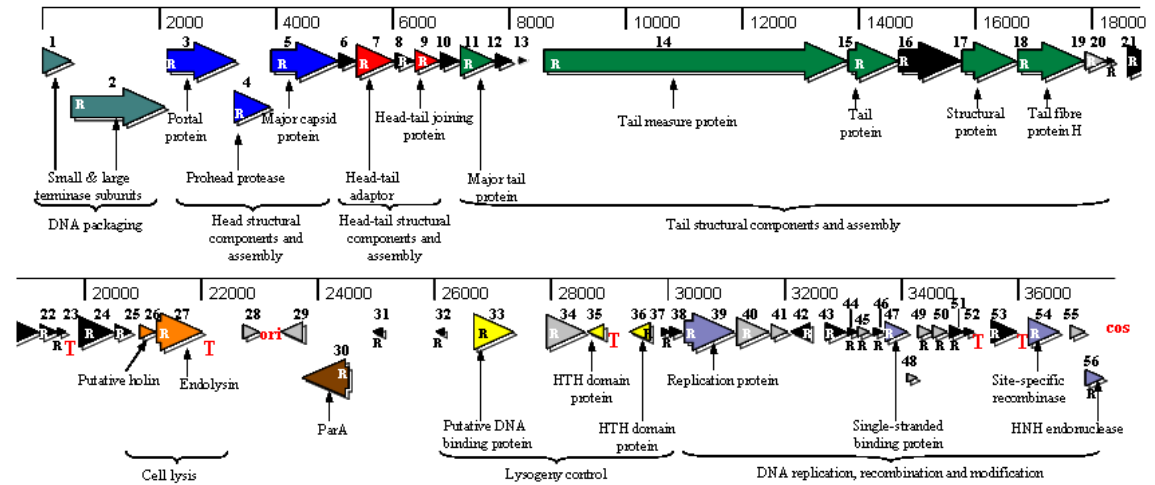
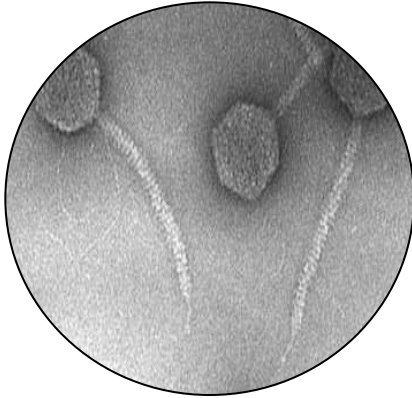
Temperate phages ,
phiC6356 and phiC6365,
induced from clinical
C. difficile isolated from
ulcerative colitis patient

<i>C.difficile</i> isolate	phiC 6356	phiC 6365
DPC6218	+	
DPC6219	+	+
DPC6220	+	+
DPC6221	+	+
DPC6353		+
DPC6355	+	
DPC6359	+	+
DPC6365	+	
DPC6366	+	+
DPC6534	+	
DPC6538	+	
56	+	+
DPC6506	+	
DPC6508	+	
DPC6511		+
DPC6512		+
DPC6515		+
Total	13	10

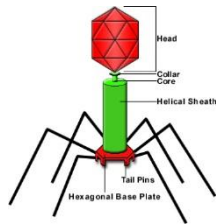
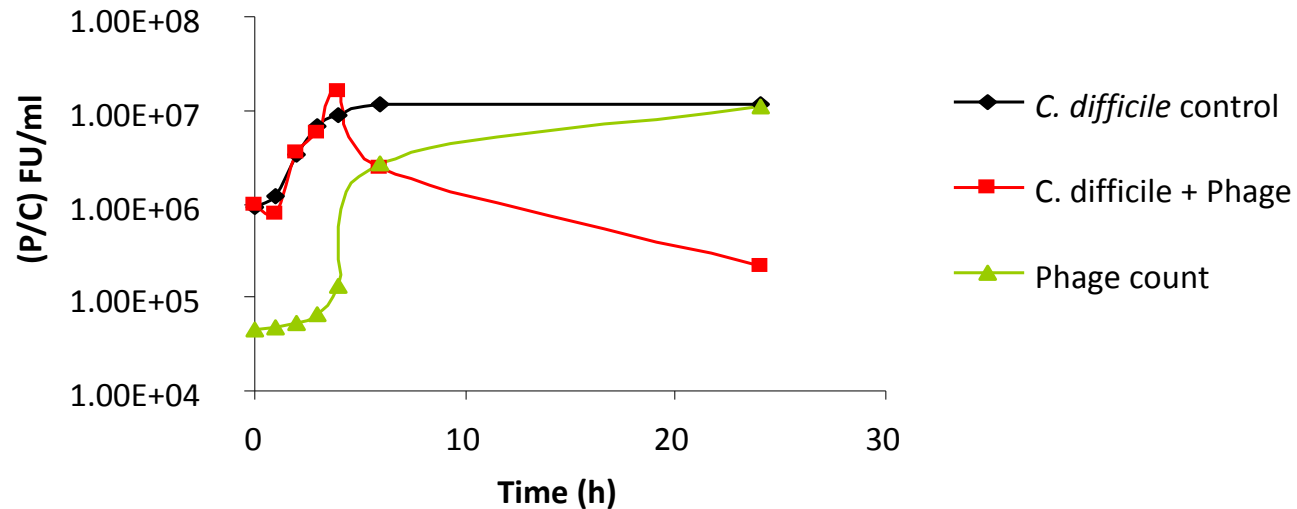


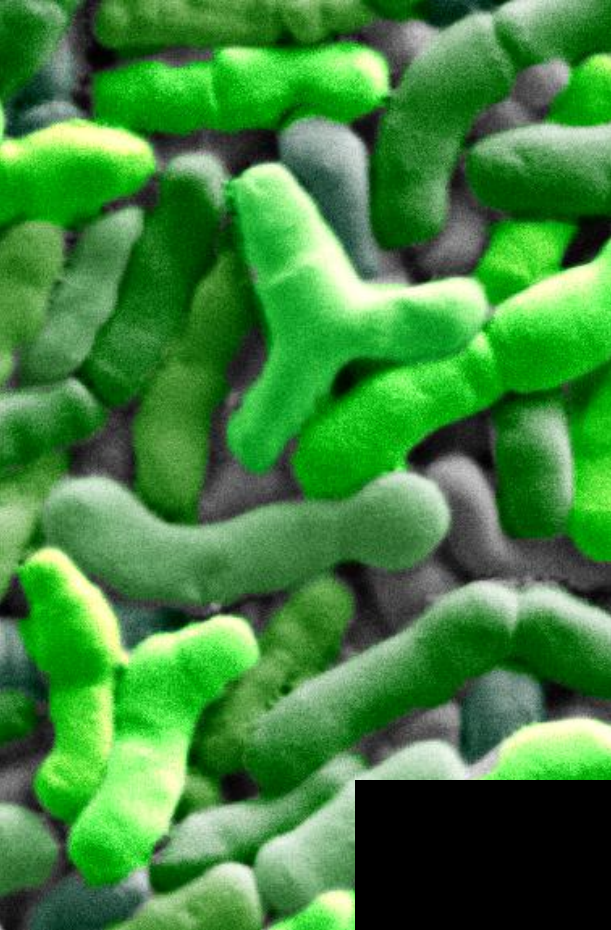
No plaques on
C. spongines,
C. histolyticum,
C. perfringens,
Lb. paracasei,
B. cereus or
S. aureus.

Phage therapy



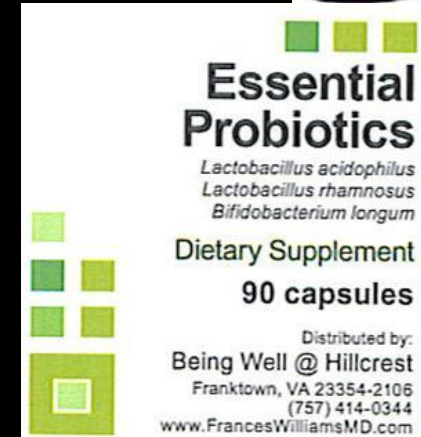
Phage CD6356 in faecal fermentation





Probiotics in the prevention of antibiotic-associated diarrhoea and *Clostridium difficile* infection

Mary Hickson



Good evidence for AAD

Evidence for CDAD equivocal

Need good clinical studies

May be other strains with better efficacy



Probiotics and CDAD

BMJ

RESEARCH

Use of probiotic *Lactobacillus* preparation to prevent diarrhoea associated with antibiotics: randomised double blind placebo controlled trial

Mary Hickson, research dietitian,¹ Aloysius L D'Souza, research fellow,² Nirmala Muthu, research nurse,³ Thomas R Rogers, professor of clinical microbiology and honorary consultant (Hammersmith Hospitals NHS Trust),⁴ Susan Want, clinical scientist,⁵ Chakravarthi Rajkumar, senior lecturer,² Christopher J Bulpitt, professor of geriatric medicine²



‘Prescribed probiotic’ in a Dublin Hospital



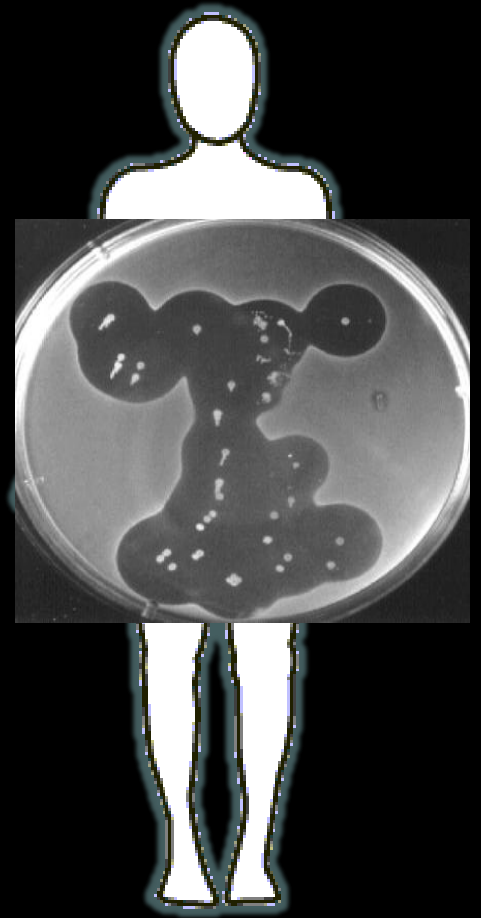
Colin Hill

Many gut bacteria produce Bacteriocins

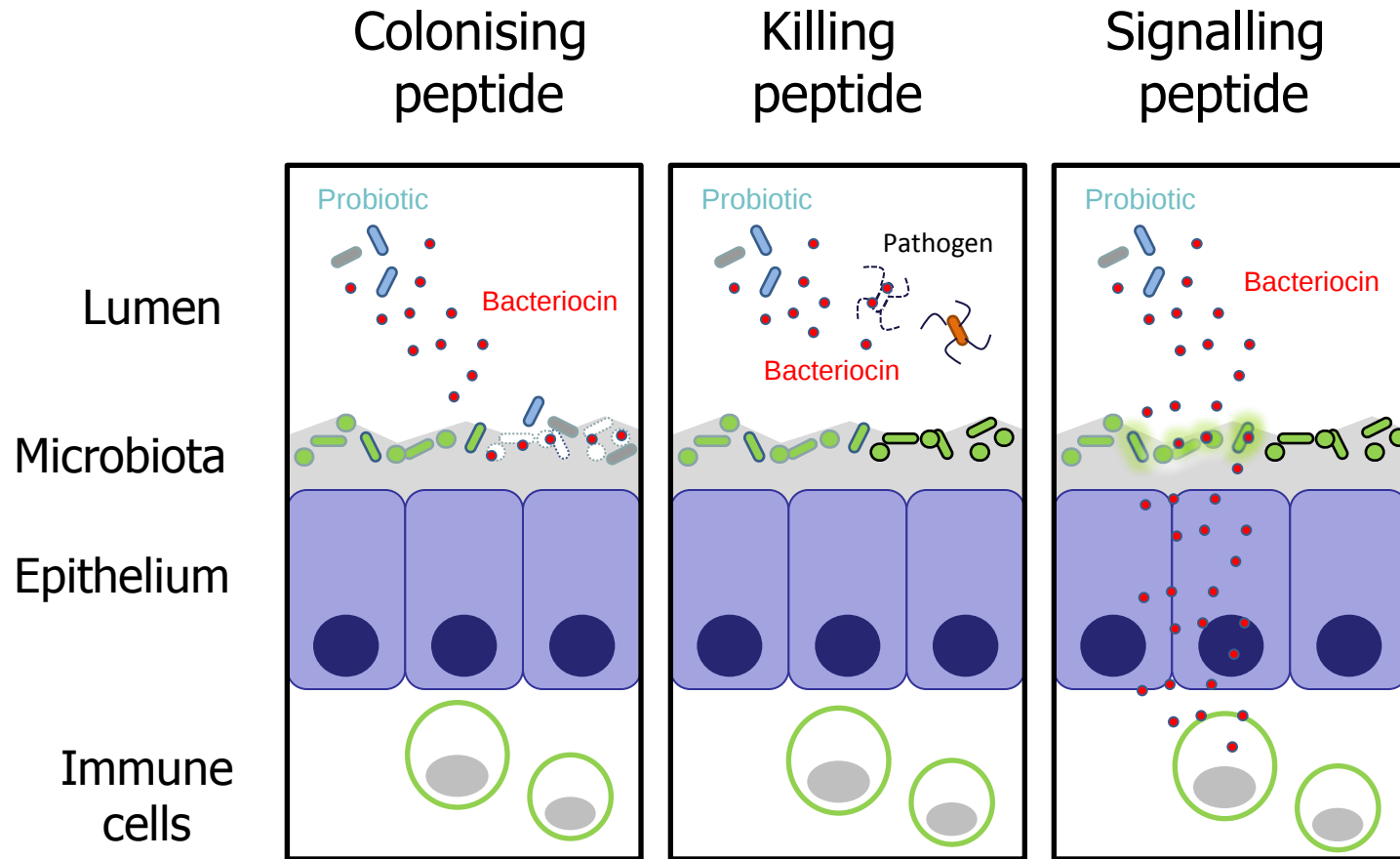
*Antimicrobial peptides produced by
one bacterium which can kill other
bacteria*

*Bacteriocins are heat stable, active
at nanomolar range, producers are
immune to their own bacteriocin*

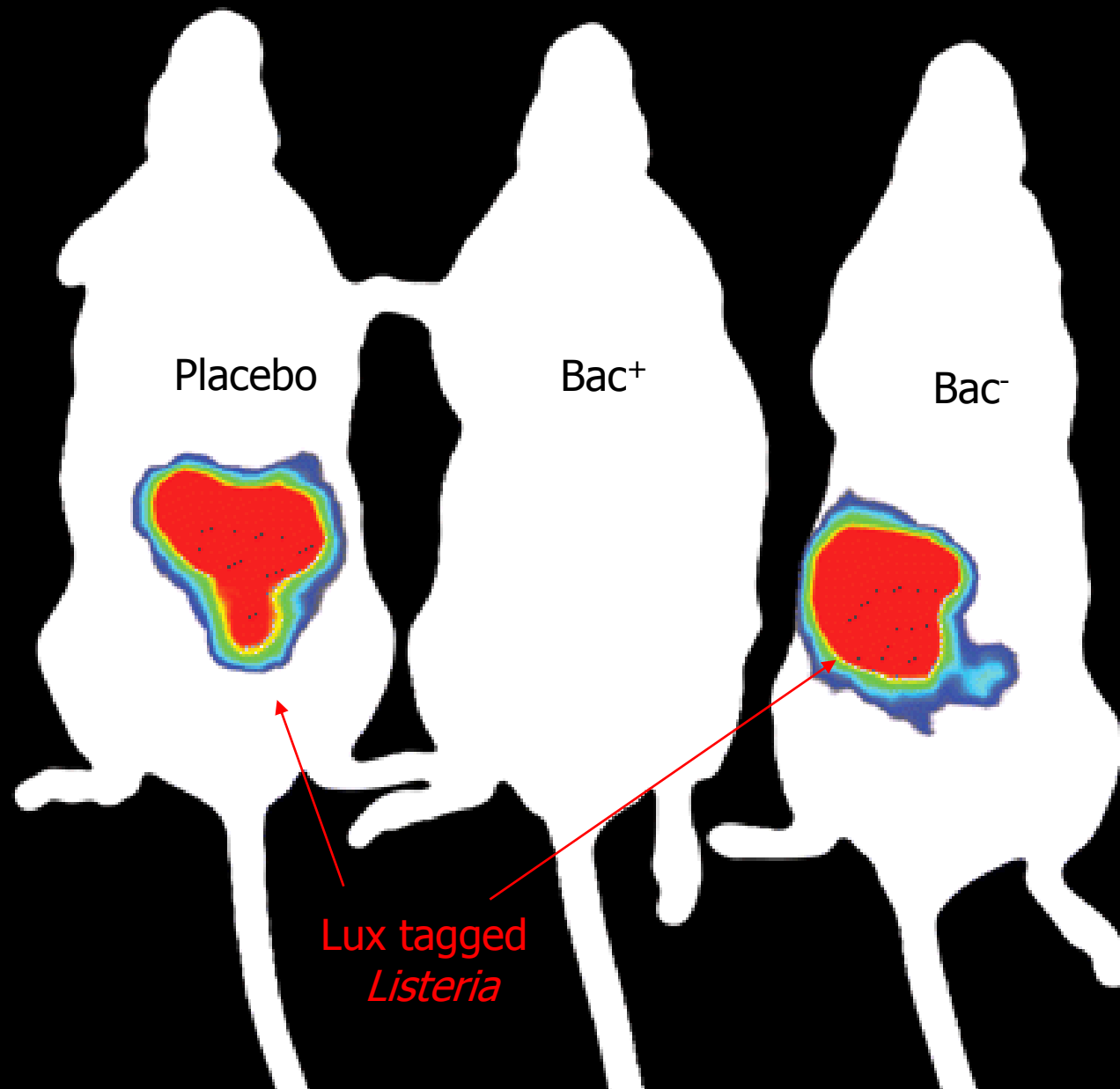
*Bacteriocin production is widespread
among bacteria, including gut
bacteria*



Bacteriocin production as a probiotic trait?



*From: Bacteriocin Production as a Probiotic Trait?
Dobson et al, AEM minireview, in Press, 2011*

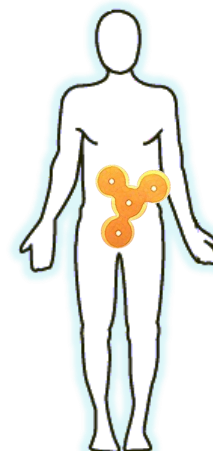


Thuricin CD, a posttranslationally modified bacteriocin with a narrow spectrum of activity against *Clostridium difficile*

Mary C. Rea^{a,b,1}, Clarissa S. Sit^{c,1}, Evelyn Clayton^{a,b}, Paula M. O'Connor^{a,b}, Randy M. Whittall^f, Jing Zheng^c, John C. Vederas^c, R. Paul Ross^{a,b,2}, and Colin Hill^{b,d}

^aBiotechnology Department, Teagasc, Moorepark Food Research Centre, Fermoy, Ireland; ^bAlimentary Pharmabiotic Centre, Cork, Ireland; ^cDepartment of Chemistry, University of Alberta, Edmonton, AB, Canada T6G 2G2; and ^dDepartment of Microbiology, University College, Cork, Ireland

Edited* by Todd R. Klaenhammer, North Carolina State University, Raleigh, NC, and approved March 30, 2010 (received for review December 1, 2009)



Effect of broad- and narrow-spectrum antimicrobials on *Clostridium difficile* and microbial diversity in a model of the distal colon

Mary C. Rea^{a,b}, Alleson Dobson^{a,b}, Orla O'Sullivan^a, Fiona Crispie^{a,b}, Fiona Fouhy^a, Paul D. Cotter^{a,b}, Fergus Shanahan^{b,c}, Barry Kiely^d, Colin Hill^{b,e,1}, and R. Paul Ross^{a,b}

^aTeagasc, Moorepark Food Research Centre, Fermoy, County Cork, Ireland; ^bAlimentary Pharmabiotic Centre and Departments of ^cMedicine and ^dMicrobiology, University College Cork, Cork, Ireland; and ^eAlimentary Health Ltd., Cork, Ireland

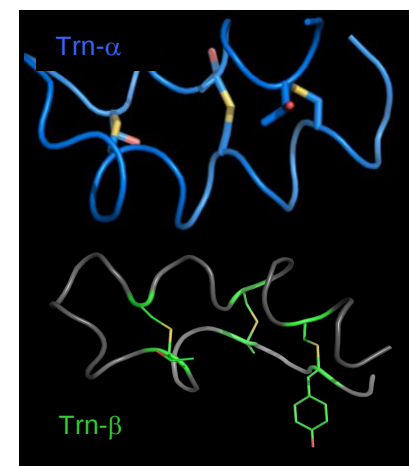
Edited by Todd R. Klaenhammer, North Carolina State University, Raleigh, NC, and approved June 8, 2010 (received for review February 2, 2010)

The 3D Structure of Thuricin CD, a Two-Component Bacteriocin with Cysteine Sulfur to α -Carbon Crosslinks

Clarissa S. Sit,[†] Ryan T. McKay,[‡] Colin Hill,^{§¶} R. Paul Ross,^{||*} and John C. Vederas^{†*}

Department of Chemistry and National High Field NMR Centre (NANUC), University of Alberta, Edmonton, Alberta, Canada T6G 2G2, and Department of Microbiology and Alimentary Pharmabiotic Centre, University College, Cork, Ireland, and Biotechnology Department, Teagasc, Moorepark Food Research Centre, Fermoy, Ireland.

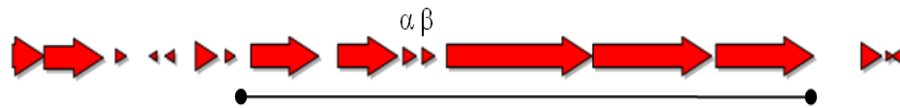
E-mail: john.vederas@ualberta.ca



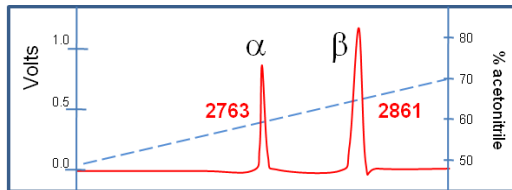


Mary Rea

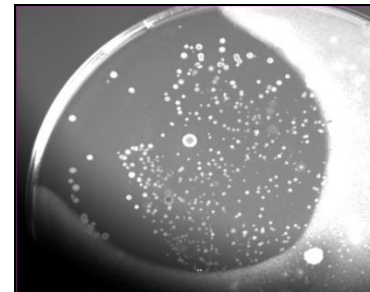
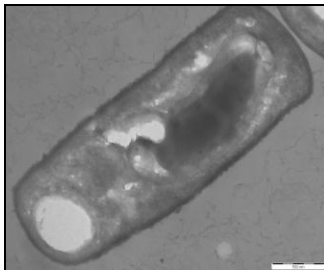
Thuricin CD



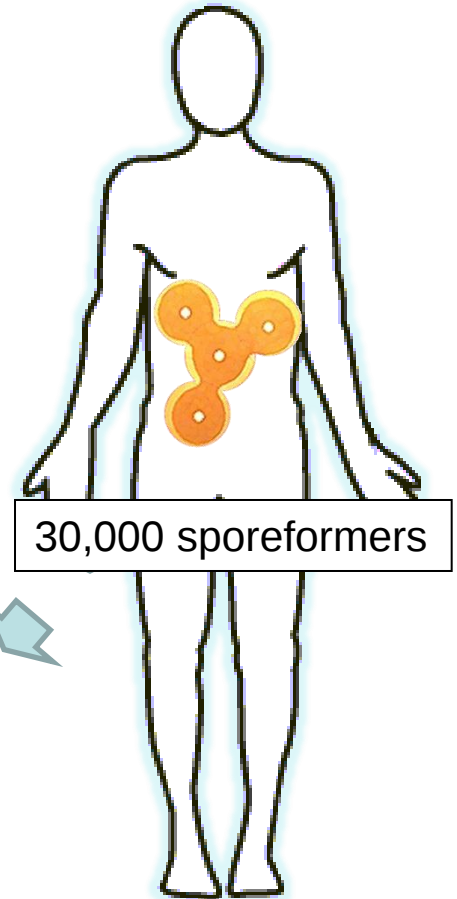
Thuricin CD; a two component bacteriocin

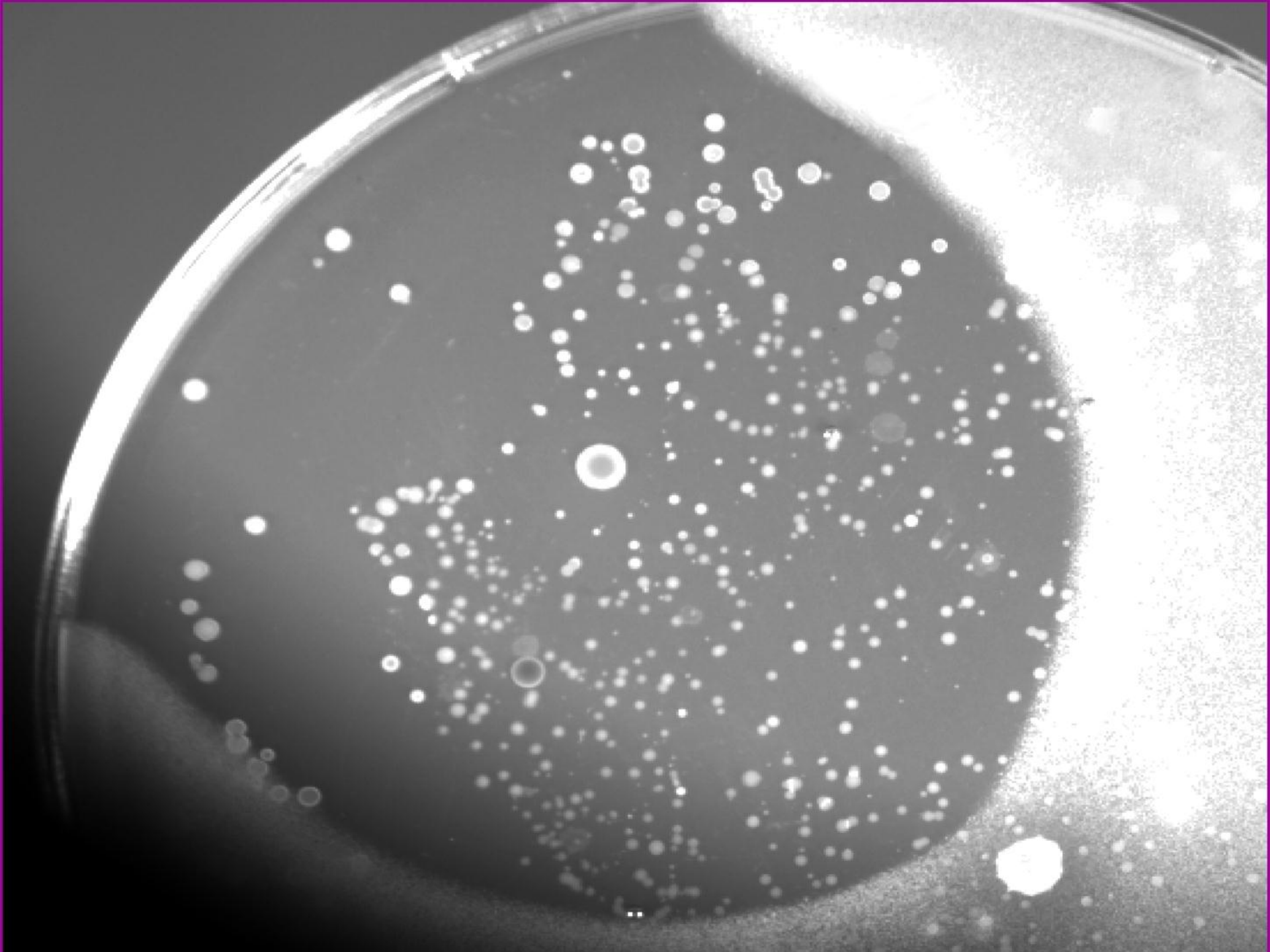


Bacillus thuringiensis



Overlaid with *Clostridium difficile*





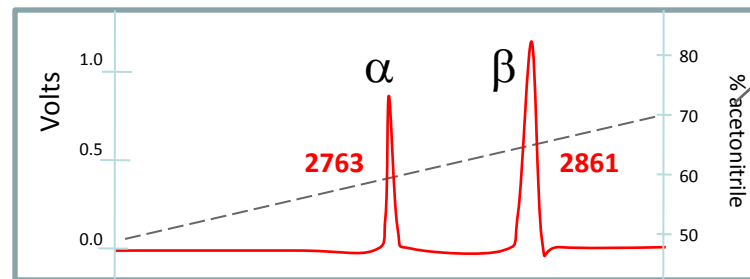
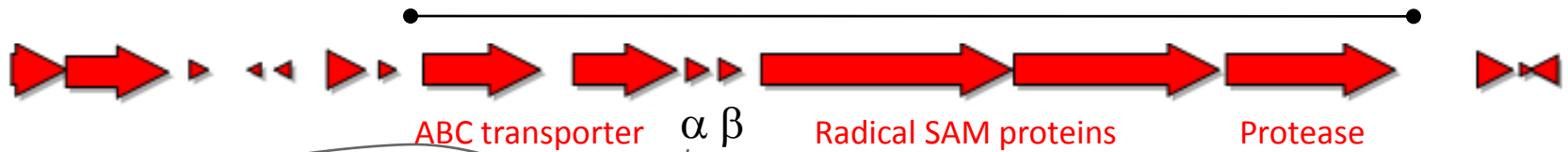
Thuricin Spectrum

Target Strain	Strain No	Growth medium	Incubation Temperature	Sensitivity
<i>Bacillus cereus</i>	NCIMB 700577	BHI ¹	30°C	+++
<i>Bacillus cereus</i>	NCIMB 700578	BHI	30°C	+++
<i>Bacillus coagulans</i>	LMG 6326 [†]	BHI	30°C	-
<i>Bacillus firmus</i>	LMG 7125 [†]	BHI	30°C	++++
<i>Bacillus nycodex</i>	DPC 6335	BHI	30°C	+++
<i>Bacillus subtilis</i>	LMG 8198	BHI	30°C	-
<i>Bacillus subtilis</i>	DPC 3344	BHI	30°C	-
<i>Bacillus thuringiensis</i>	IBS 14	BHI	37°C	-
<i>Bacillus thuringiensis</i>	LMG 7138	BHI	37°C	+++
<i>Bacteroides fragilis</i>	LMG 10263	BA	37°C	-
<i>Bifidobacterium adolescentis</i>	DPC 6169	mMRS ²	37°C	-
<i>Bifidobacterium animalis</i>	DPC 5420	mMRS	37°C	-
<i>Bifidobacterium breve</i>	DPC 6166	mMRS	37°C	-
<i>Bifidobacterium breve</i>	BB12	mMRS	37°C	-
<i>Bifidobacterium longum</i>	DSMZ 20097	mMRS	37°C	-
<i>Bifidobacterium longum</i>	DSMZ 6493	mMRS	37°C	-
<i>Bifidobacterium pseudolongum</i>	DSMZ 20092	mMRS	37°C	-
<i>Campylobacter jejuni</i>	CI 120	CA ³	37°C	-
<i>Clostridium difficile</i>	ATCC 600	RCA ⁴	37°C	++++
<i>Clostridium difficile</i>	ATCC 43594	RCA	37°C	++++
<i>Clostridium difficile</i>	R027 NCTC 13366	RCA	37°C	++++
<i>Clostridium difficile</i>	6220	RCA	37°C	++++
<i>Clostridium difficile</i>	6221	RCA	37°C	++++
<i>Clostridium difficile</i>	6219	RCA	37°C	++++
<i>Clostridium difficile</i>	6350	RCA	37°C	++++
<i>Clostridium difficile</i>	6351	RCA	37°C	++++
<i>Clostridium difficile</i>	IBS 16	RCA	37°C	++++
<i>Clostridium difficile</i>	Cr 15	RCA	37°C	++++
<i>Clostridium difficile</i>	UC 38	RCA	37°C	++++
<i>Clostridium difficile</i>	UC 38	RCA	37°C	++++
<i>Clostridium difficile</i>	CR 79	RCA	37°C	++++
<i>Clostridium difficile</i>	UC 47	RCA	37°C	++++
<i>Clostridium difficile</i>	CR11	RCA	37°C	++++
<i>Clostridium difficile</i>	UC 29	RCA	37°C	++++
<i>Clostridium difficile</i>	CR 02	RCA	37°C	++++
<i>Clostridium difficile</i>	UC 59	RCA	37°C	++++
<i>Clostridium difficile</i>	UC 27	RCA	37°C	++++
<i>Clostridium difficile</i>	H 76	RCA	37°C	++++
<i>Clostridium difficile</i>	BS 47	RCA	37°C	++++
<i>Clostridium histolyticum</i>	NCIMB 503	RCA	37°C	+
<i>Clostridium indolis</i>	NCIMB 9731	RCA	37°C	++++
<i>Clostridium lituseburense</i>	NCIMB 10637	RCA	37°C	+++
<i>Clostridium sporogenes</i>	NCIMB 9584	RCA	37°C	-
<i>Clostridium probupricum</i>	NCIMB 8243	RCA	37°C	+++
<i>Enterobacter sakazaki</i>	ATCC 12869	TSA ⁵	37°C	-
<i>Enterobacter sakazaki</i>	NCTC 8155	TSA	37°C	-
<i>Enterococcus casseliflavus</i>	LMG 10745 [†]	TSA	37°C	-
<i>Enterococcus durans</i>	LMG 10746 [†]	TSA	37°C	-
<i>Enterococcus faecalis</i>	LMG 7973 [†]	TSA	37°C	-
<i>Enterococcus faecium</i>	LMG 7973 [†]	TSA	37°C	-
<i>Enterococcus hirae</i>	LMG 6399 [†]	TSA	37°C	-
<i>Escherichia coli</i>	3786	BHI	37°C	-
<i>Lactobacillus acidophilus</i>	NCDO 1697	MRS	37°C	-
<i>Lactobacillus bulgaricus</i>	LMG 6901 [†]	MRS	37°C	-
<i>Lactobacillus casei</i>	ATCC 334	MRS	30°C	-
<i>Lactobacillus crispatus</i>	LMG 9479 [†]	MRS	37°C	+
<i>Lactobacillus curvatus</i>	LMG 12009	MRS	37°C	-
<i>Lactobacillus fermentum</i>	LMG 6902	MRS	37°C	+++
<i>Lactobacillus gallinarum</i>	LMG 9435 [†]	MRS	37°C	-
<i>Lactobacillus helveticus</i>	LHI	MRS	37°C	-
<i>Lactobacillus johnsonii</i>	DSM 10533 [†]	MRS	37°C	+
<i>Lactobacillus paracasei</i>	338	MRS	37°C	-
<i>Lactobacillus reuteri</i>	NCIMB 11951	MRS	37°C	-
<i>Lactobacillus rhamnosus</i>	GG	MRS	37°C	-
<i>Lactobacillus reuteri</i>	DSM 20403 [†]	MRS	37°C	-
<i>Lactobacillus salivarius</i>	UCC 118	MRS	37°C	-
<i>Lactococcus lactis</i>	DPC 3157	LM17	30°C	+
<i>Lactococcus lactis</i>	HP	LM17	30°C	-
<i>Leuconostoc</i>	DPC 139	MRS	30°C	-
<i>Leuconostoc</i>	DPC 240	MRS	30°C	-
<i>Listeria innocua</i>	DPC 3572	BHI	37°C	+++
<i>Listeria monocytogenes</i>	DPC 1268	BHI	37°C	+++
<i>Listeria monocytogenes</i>	DPC 3437	BHI	37°C	+++
<i>Listeria monocytogenes</i>	Scott A	BHI	37°C	+++
<i>Salmonella enterica</i>	DPC 6275	BHI	37°C	-

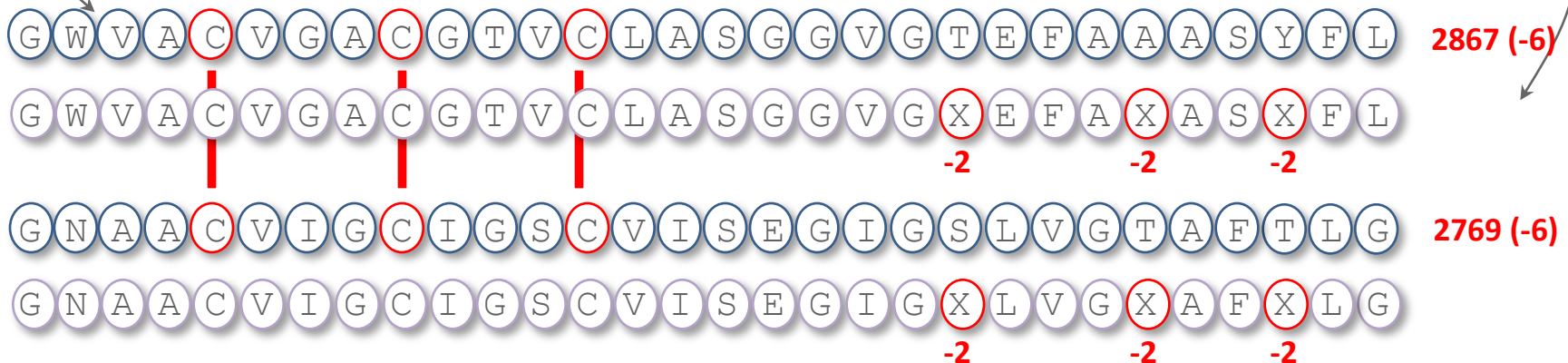
Rea et al. PNAS 2010 (1)

Thuricin contains unusual post-translational modifications

Thuricin operon

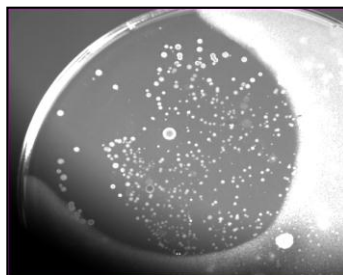
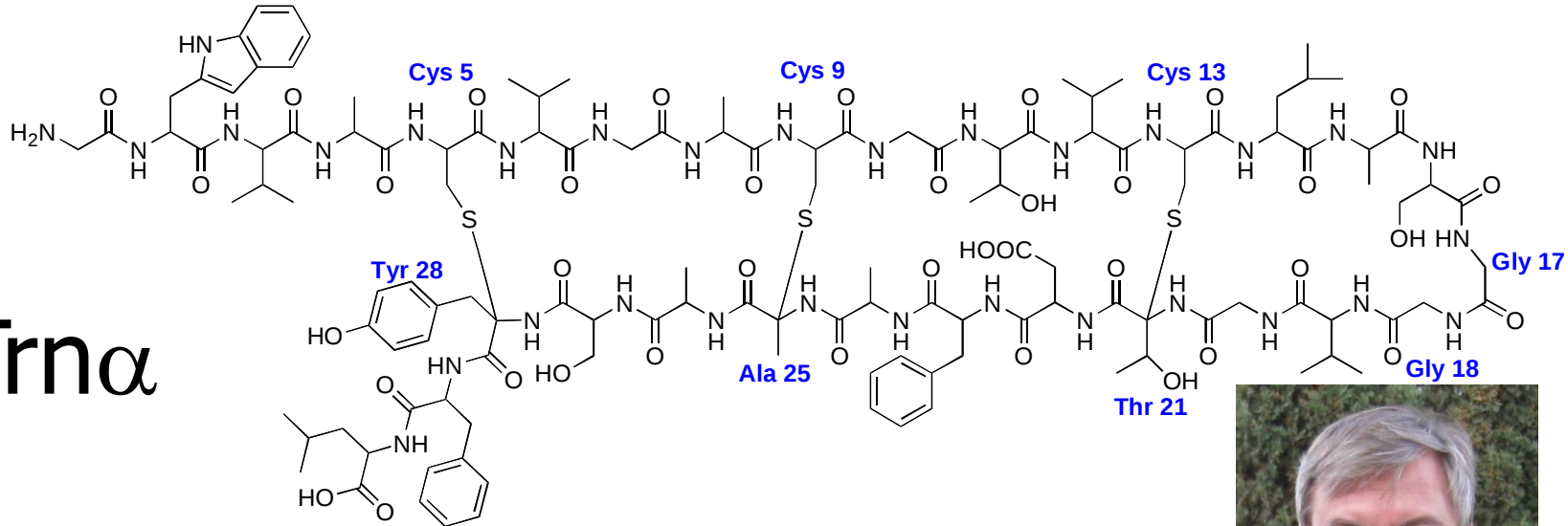


A new class of antimicrobial peptides called **sactibiotics**



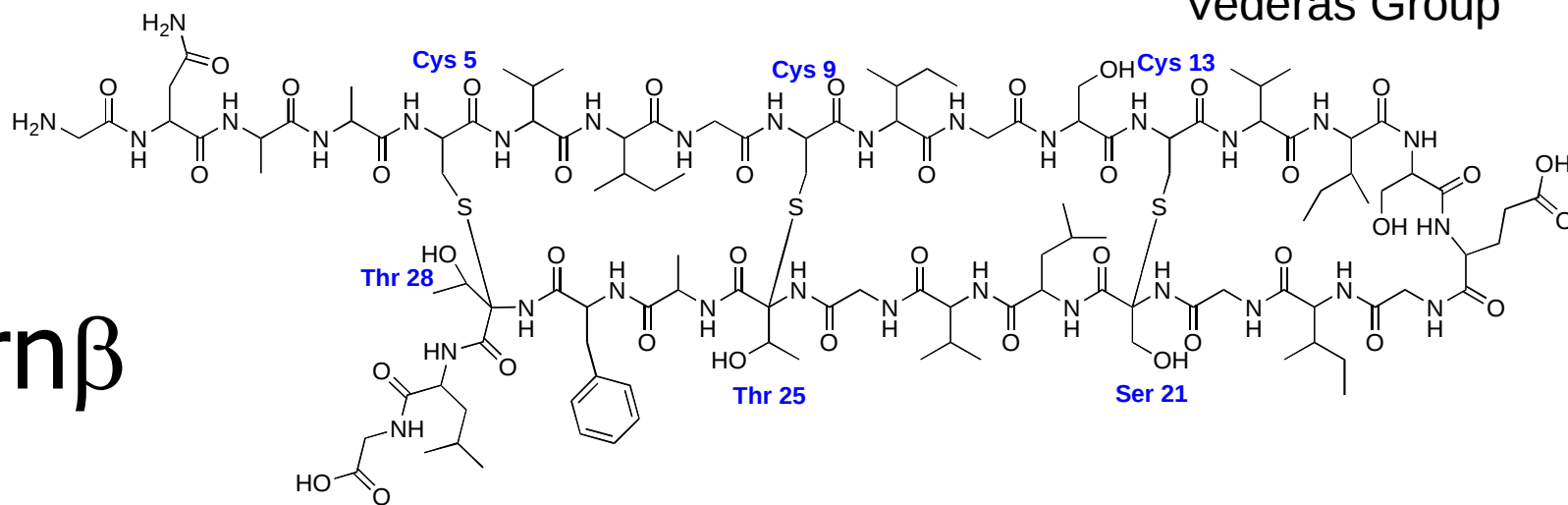
Rea et al., unpublished

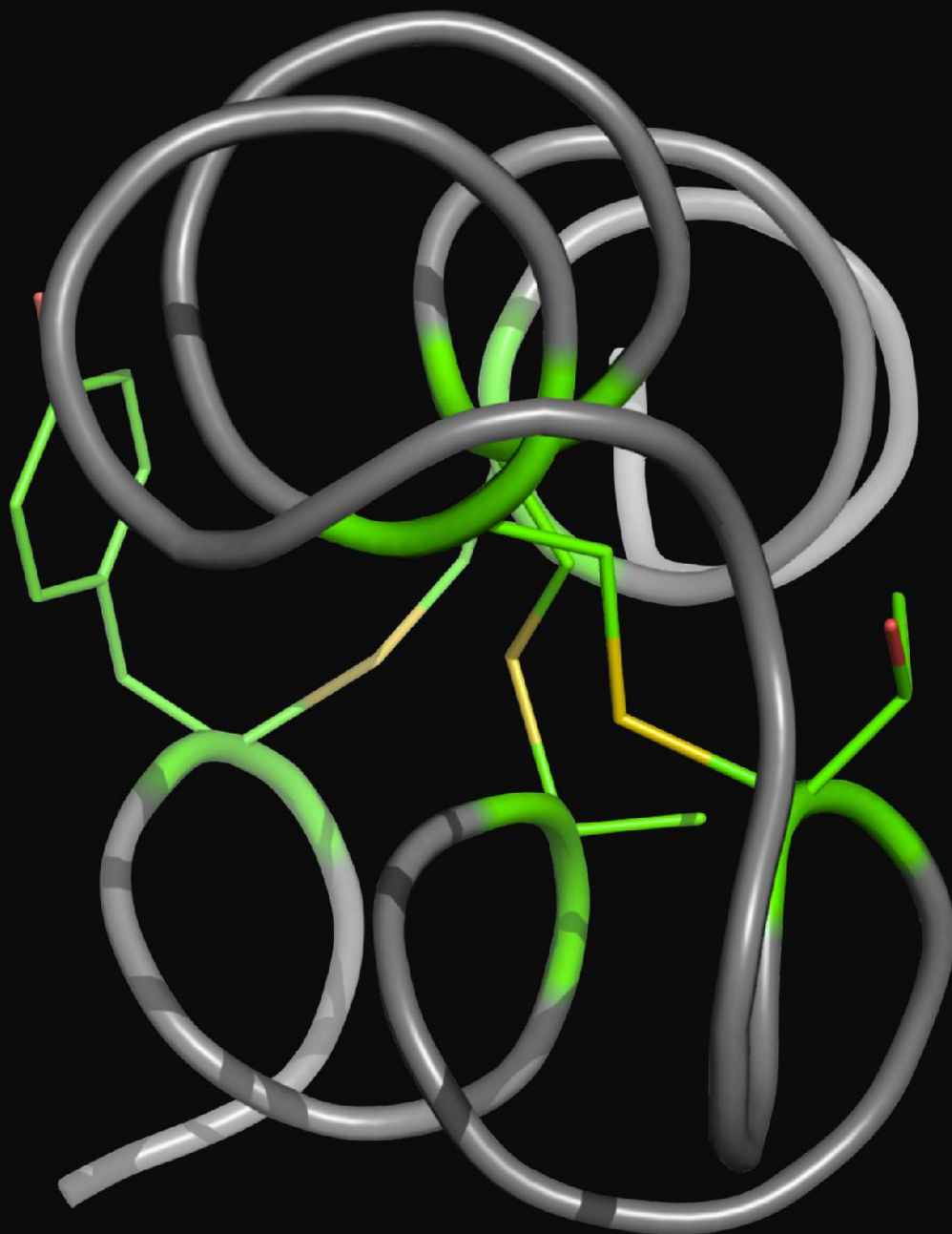
Trn α



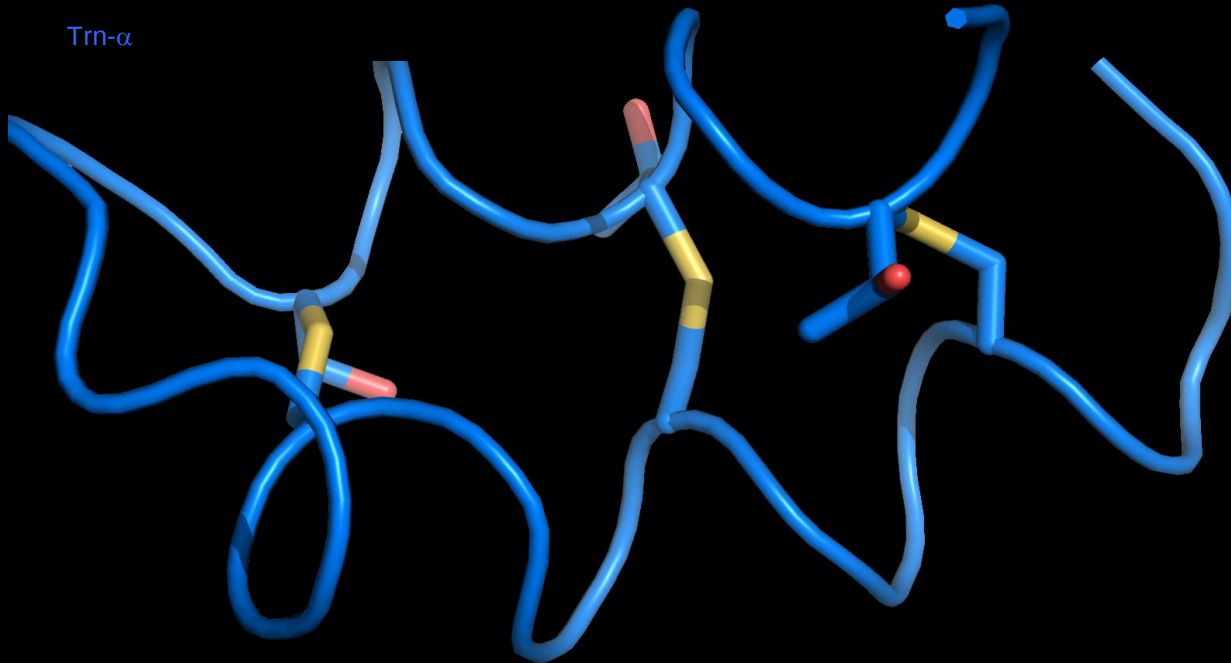
Vederas Group

Trn β

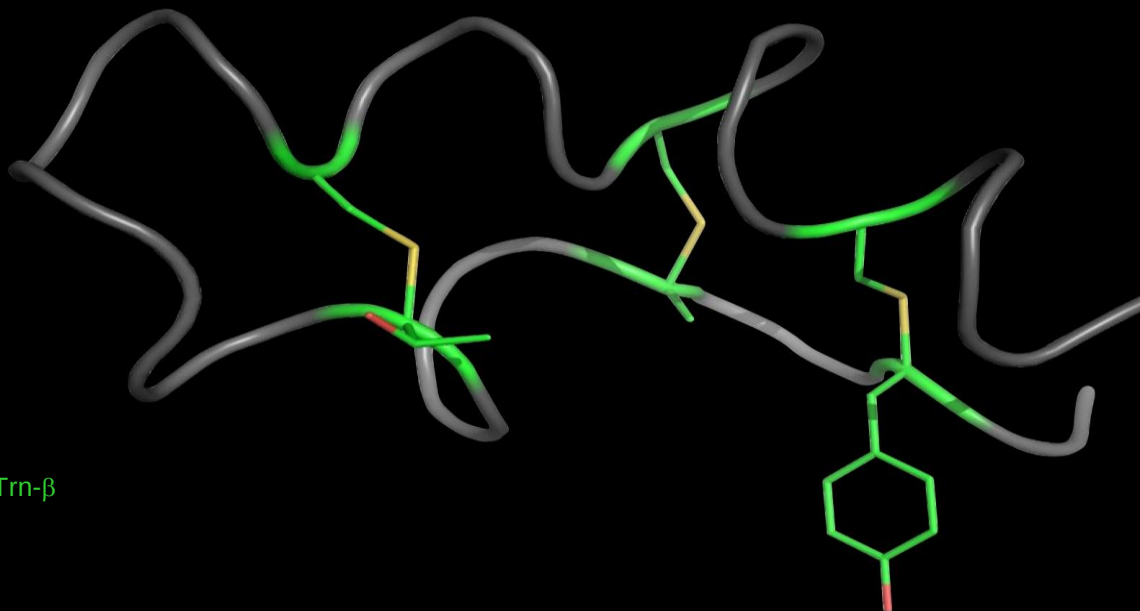




Trn- α

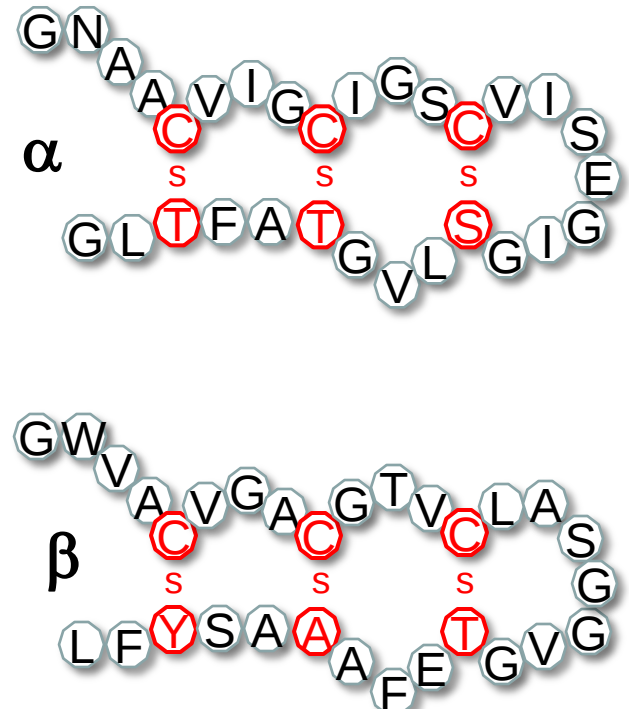
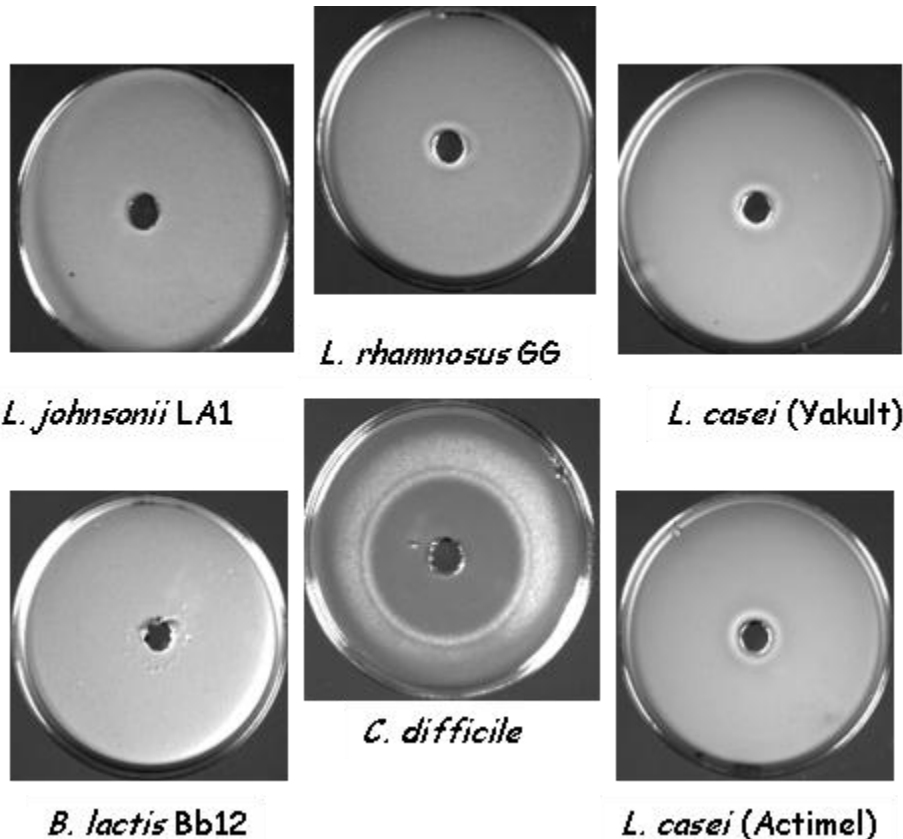


Trn- β

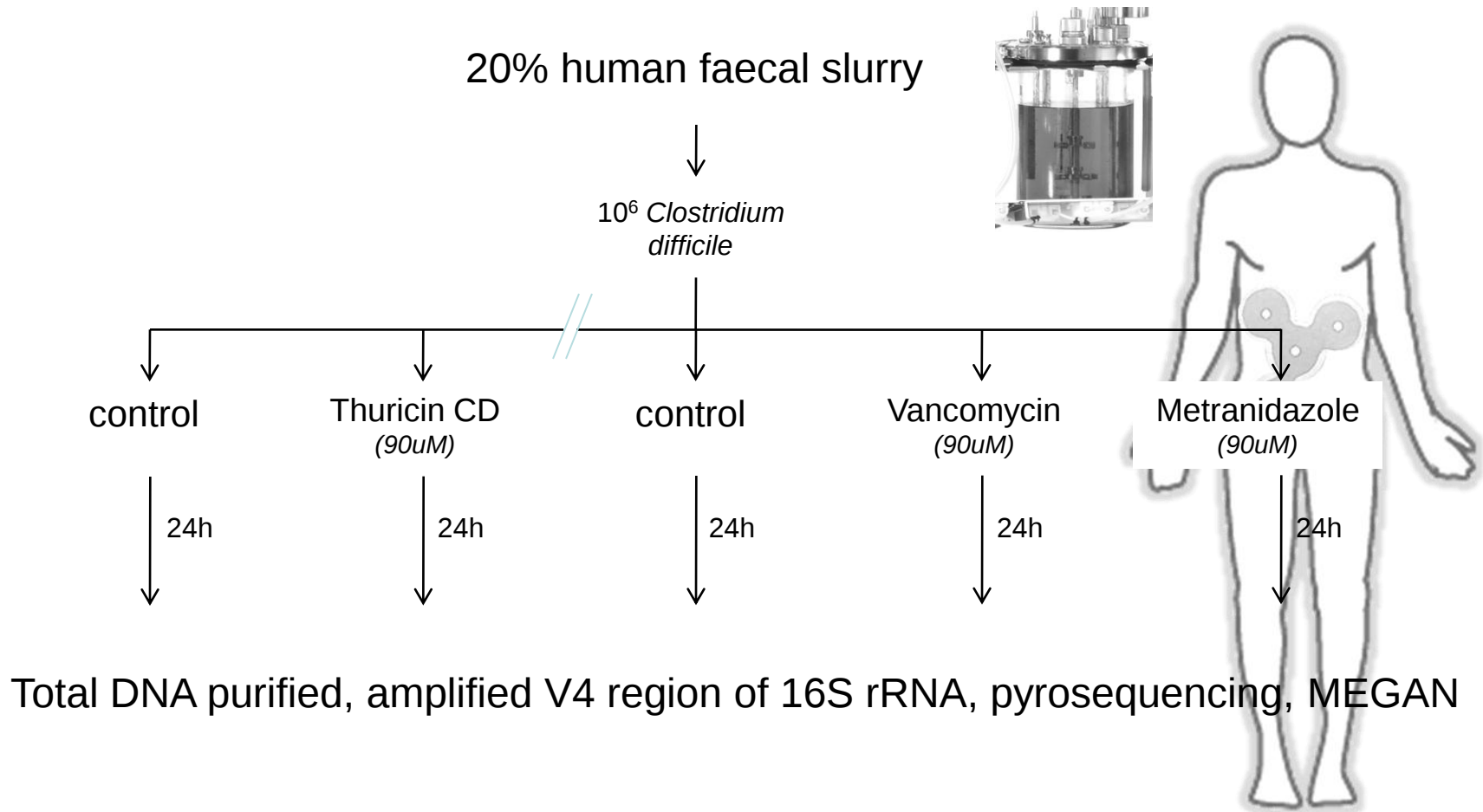


Use of probiotic *Lactobacillus* preparation to prevent diarrhoea associated with antibiotics: randomised double blind placebo controlled trial

Mary Hickson, research dietitian,¹ Aloysius L D'Souza, research fellow,² Nirmala Muthu, research nurse,³ Thomas R Rogers, professor of clinical microbiology and honorary consultant (Hammersmith Hospitals NHS Trust),⁴ Susan Want, clinical scientist,⁵ Chakravarthi Rajkumar, senior lecturer,² Christopher J Bulpitt, professor of geriatric medicine²



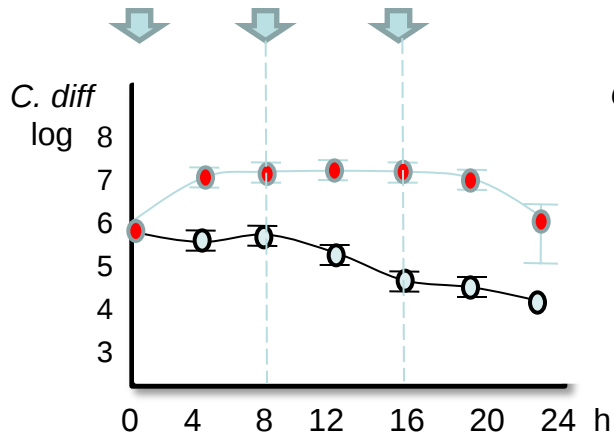
Distal Colon Model



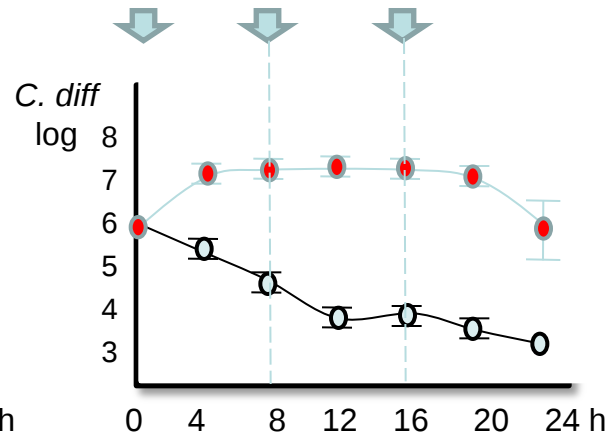
Faecal fermentations



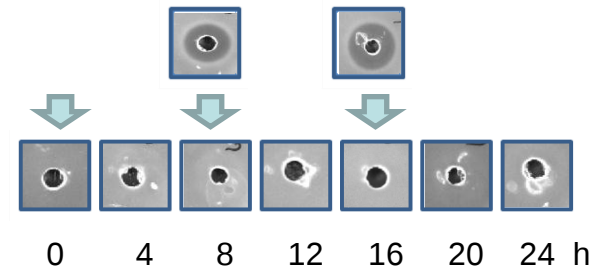
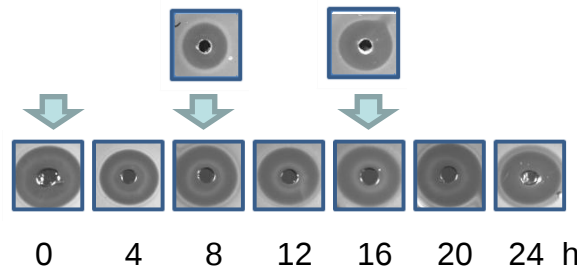
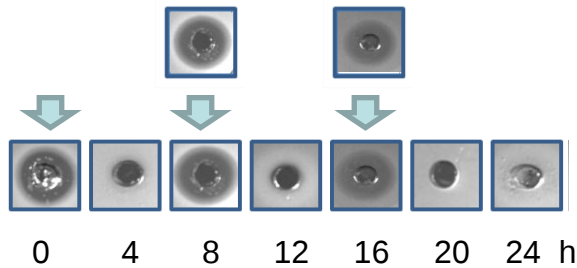
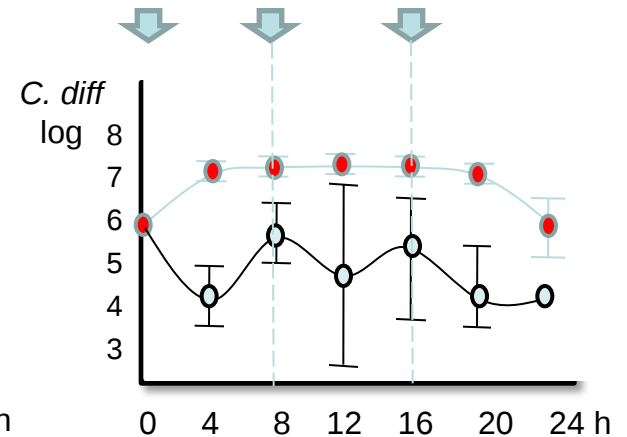
Thuricin CD (90 μ M)



Vancomycin (90 μ M)



Metranidazole (90 μ M)

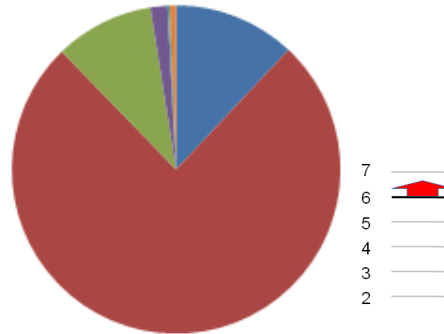


Collateral damage 16S profiling

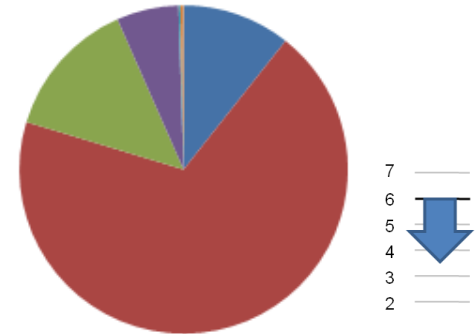
Phylum

- Bacteroidetes
- Firmicutes
- Proteobacteria
- Actinobacteria
- Spirochaetes
- Lentisphaerae
- Tenericutes

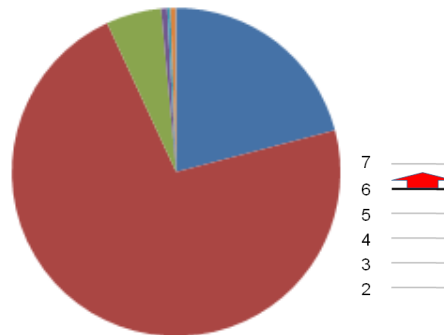
No thuricin CD



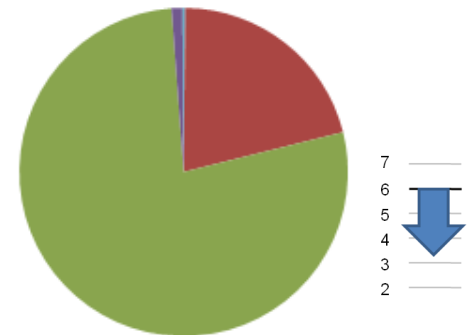
Thuricin CD



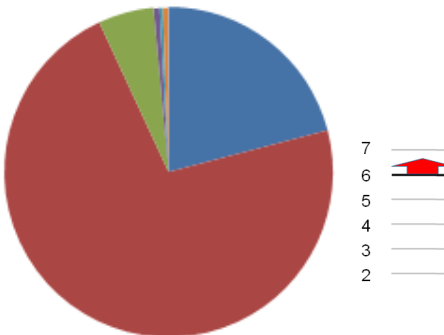
No Antibiotic



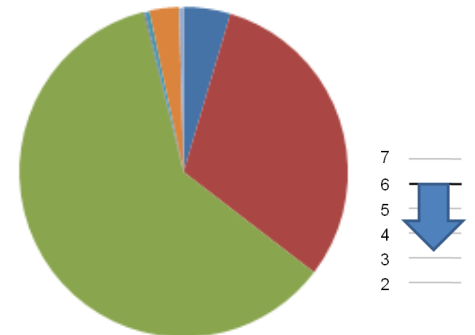
Metronidazole



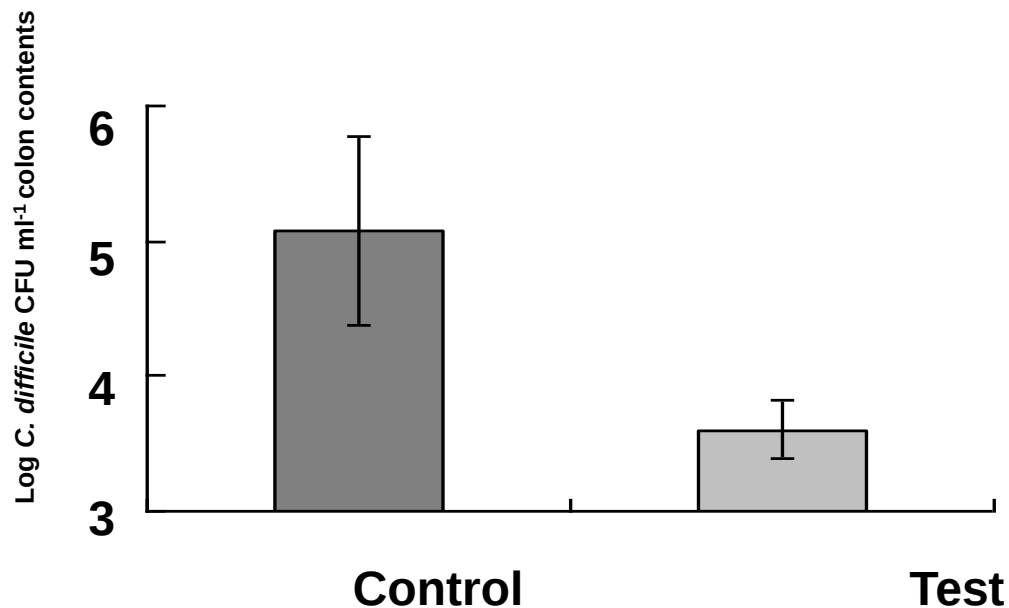
No Antibiotic



Vancomycin



Rectally in conjunction with *C. difficile* ribotype 027

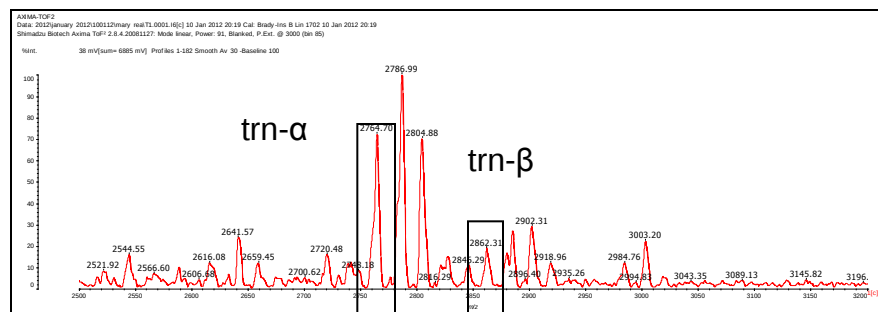


10⁵ *C. difficile* 027 introduced rectally to 8 mice

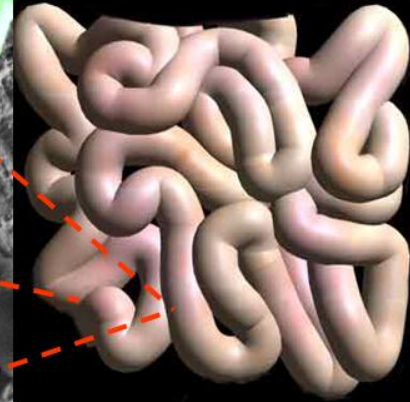
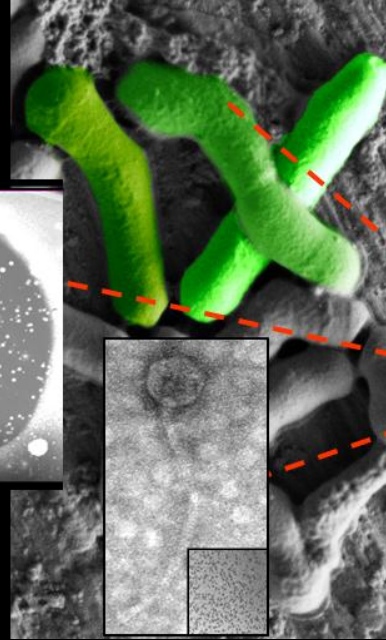
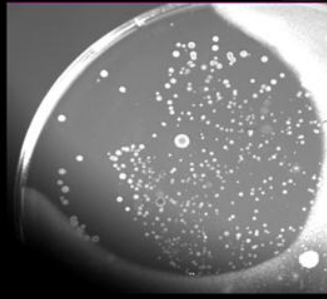
2.5mg thuricin CD introduced rectally 15 min later x 4 mice

Sacrificed after 1 h

Colon contents plated



Gut Solutions to a Gut Problem



Conclusions:

Carriage up to 10 fold higher in elderly and IBD

Gut microbiota radically changed in active infection

Pharmabiotics: both bacteriocins and bacteriophage hold promise to selective target infection

Probiotics is still at an early stage for *C. diff* treatment





Thanks



MICROBIOME

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Catherine Stanton
Ger Fitzgerald
Fergus Shanahan

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Mary Kiely

ANTIMICROBIALS

Colin Hill
Paul Cotter
John Vederas



Mary Rea
Eileen O'Shea
Paula O'Connor
Orla O'Sullivan
Gillian Gardiner
Sinead Corr
Evelyn Clayton
Alleson Dobson
Fiona Crispie
Sheila Morgan



Alimentary Health

Fidaxomicin was shown to have a lesser effect on the microbiome as measured by qPCR. Vancomycin treated patients showed a 2-4 log reduction in the Bacteroides/Prevotella group which persisted up to 28 days which was absent in the Fidaxomicin treated group. In addition reappearance of the toxin in the culture filtrates was apparent in 28% of the vancomycin treated patients compared to 14% of the Fidaxomicin treated group post treatment and also there was decreased incidences of reoccurrences of CDAD in the Fidaxomicin treated group.